



Can the colour choice for your office walls affect the creativity and productivity of your workforce? Psychology suggests it can. The calming effect traditionally associated with muted greens and blues has long influenced the colour choices used in healthcare environments such as hospitals.

How Colour Can Influence Your Workplace

Colour has a strong influence on the mood in your office, from creating enthusiastic, creative spaces to fostering calm, clear thinking. Choosing colours that complement the nature of your workplace can help create an environment that supports both productivity and wellbeing.

Choosing Colours to Create the Right Atmosphere

When choosing colours for your new office, consider how different shades can influence focus and behaviour. Colour can trigger both cognitive and emotional responses, which may affect how people feel and function within a workplace.

Blue is a calm, focus-promoting hue often used in high-stress or high-emotion areas to promote harmony and clear thinking. Ideal for hospitals, schools, or high-pressure working environments where cool, steady, and calm focus for prolonged periods is required.

Green is the earthy cousin of blue. Popular in health care and education settings, it can also be a suitable choice for workplaces that require a balance, focus, and sustained concentration. Its association with nature and calm can help create a peaceful, balanced atmosphere for employees undertaking detailed work and making precise decisions.

Violet can complement blue and green, making it a useful choice for accents and feature walls. Used alongside white or cream, it can add colour and contrast in schools, children's wards, or medical settings without overwhelming the space. Violet may also help create a calm, focused environment, making it suitable for spaces where concentration and task completion are important.

In contrast, yellow, red, and orange are often associated with optimism, energy, and creativity. These colours can create a more stimulating and energetic environment, making them potentially suited to spaces where physical activity, alertness or short bursts of activity are required. However, they may be less suited as dominant colours in workplaces where employees need to maintain prolonged concentration or focus.

Which Colour Should You Choose for Your Professional Environment?

Knowing the cognitive and psychological effects of colours and the positive effects they can have on your environment and your employees' wellness can profoundly impact productivity. [Commercial painters](#) are specialists who can provide a paint colour consultation to enhance and reflect the unique needs of your workforce. Choosing your [office colour scheme](#) with intention enhances visual appeal, workplace morale, and optimises your workspace for success.