

Zenith Contract Services Director Establishes Parkrun

Written by Australian Business

COVENTRY, ENGLAND, August 24, 2013 **/24-7PressRelease/** -- Director of Zenith Contract Services Ltd, Richard Chester, has recently established a Parkrun at Kingsbury Water Park at Bodymoor Heath, near Sutton Coldfield. The Kingsbury run begins every Saturday morning at 9am.

The Parkrun events are free to join, and all ages and abilities are welcome. Runners use a barcode to track their run times online or by text message. The events are held all throughout the UK, with around 200 runners attending each event.

As a member of the management committee, Richard has spent six months gaining the funding for, and approval of, local councillors and park managers to stage this event. North Warwickshire has comparatively short life expectancy and high obesity levels.

As Run Director, Richard is hoping that this event will help to improve the health of local residents particularly those in nearby Tamworth.

Richard is also looking to extend the Badgers Running Club which he and his wife Nivette established in the last 18 months to include a cycling arm.

Zenith Contract Services is a privately owned integrated group of companies, based in Coventry, providing contract services for the commercial, industrial and public sectors.

Services include medium to large scale commercial property refurbishment, internal and external painting and decorating, the application of high quality industrial resin floor finishes and an online store selling a comprehensive range of professional floor repair products and PPE workwear.

Zenith also performs an extensive range of industrial and environmental cleaning, house and void property clearance and bespoke daily office cleaning contracts.

Richard Chester is a Director, and a keen runner, and took part in the Foremark Hall Triathlon and the 24 hour Thunderrun at Catton Park in July.

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For more information about Zenith Contract Services, visit the company website

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For more information contact us at 02476 687 167