

NORTHRIDGE, CA, September 06, 2013 /24-7PressRelease/ -- Dr. Arami, [Northridge cosmetic dentist](#)

, provides dental treatment for phobic patients. Routine dental checkups play a major role in preserving dental health. Unfortunately, more than 15 percent of people skip these appointments not due to a busy schedule or lack of dental education, but because of fear. Dental phobia is an intense, unreasonable fear of dentists or dental treatment. People who suffer from dental phobia may experience more dental health problems and worse outcomes than people who do not.

Studies have shown that Americans who suffer from dental phobia are more likely to experience gum disease and tooth loss. They may also struggle with self-image issues associated with damaged, discolored or decayed teeth. They may smile infrequently or avoid social situations. They may feel so self-conscious about their smiles that their social and professional lives suffer. Due to the connection between oral and overall health, patients with severe dental anxiety may experience more health problems and a reduced life expectancy.

Northridge dentist, Dr. Arami, offers solutions for these patients. Dental phobia is a highly treatable condition. Anxiety can make dental visits extremely uncomfortable, but Dr. Arami combines a relaxed office atmosphere with a gentle, compassionate touch to reduce the anxiety of dental phobic patients. Sedation treatments are also available.

Sedation dentistry uses anti-anxiety medications to reduce the stress associated with dental care. Dr. Arami, Northridge dentist, may recommend inhaled, oral or IV sedation based on the specific needs and anxiety levels of individual patients. Sedation may be appropriate for those who are anxious, fearful or nervous about dental care or for those with special needs who may be unable or unwilling to comply during the treatment procedure. Routine cleanings, dental fillings, [dental implants](#), dental surgery and even cosmetic procedures can be completed easily and without stress or anxiety when sedation dentistry is used.

As a cosmetic dentist, Dr. Arami offers a variety of treatments that can help correct aesthetic dental problems and improve the smile, including [Invisalign](#) aligners, porcelain veneers and smile makeovers.

About Dr. Arami, [Cosmetic Dentist Northridge](#)

Dr. Arami is a graduate of UCLA's School of Dentistry and a skilled Northridge dentist. During

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his residency, he focused on treating dental phobic and medically compromised patients. As a member of the American Dental Association and the California Dental Association, Dr. Arami stays current on the latest research. He has completed advanced training in the fields of implant dentistry and aesthetic dentistry.

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