

LOS ANGELES--( [BUSINESS WIRE](#) )--It's difficult for Christian teens to reconcile the images they see in the news and pop culture with their religious beliefs. They struggle to deal with the emotional weight of peer pressure, bullying, and school shootings. They must also deal with confusion about the morality of Miley Cyrus twerking. That's why the [Youth Ministry Zone](#) has expanded its efforts to help youth ministers keep teens grounded in their spirituality by offering an expanded collection of online resources.

"We created the non-denominational, lesson-based Youth Ministry Zone because we understand how busy youth ministers are," explains co-founder Paul Evans. "We help them spend less time planning and more time connecting."

The Youth Ministry Zone now offers more than 300 youth bible lessons with a new lesson released each week. The outline, handouts, and small group discussion guide teach core bible principles without compromising the spiritual message. Youth ministers also have access to materials to help them lead devotionals, quiet times, and personal retreats.

Other resources include "copy, tweak, and paste" content that can be used in newsletters and emails to teens and their parents. To help youth ministers manage the administrative side of their ministry, the Youth Zone provides printable forms that include volunteer applications, leader job descriptions, and medical releases.

Co-founders Paul Evans and Al Millergren began providing resources for youth ministers in 1991 through direct mail, before the Internet was widely available. It wasn't until 1995 that they were able to reach youth ministers through their website, Teen Life Ministries. In 2004 they opened the Youth Ministry Zone to offer a wider range of resources.

To learn more about the expanded online resources for youth ministers, visit the [Youth Ministry Zone](#). Once there, youth ministers can sign up for a membership that allows access the entire collection of resources for just \$10 per month.