

SAN FRANCISCO, Jan. 18, 2014 /PRNewswire/ -- ThermiRF is the latest technology in minimally invasive cosmetic procedures. Patients today are seeking less invasive solutions to reduce wrinkles, tighten skin, and melt fat with great results and little downtime.

ThermiAesthetics has satisfied the current demand for a fresh, youthful look without surgery by developing a micro-invasive skin tightening and fat melting procedure performed under local anesthesia. Dr.

Leonard Gray, F.A.C.S., a Board Certified Plastic Surgeon and an innovative leader in Cosmetic Plastic Surgery, caught wind of this new technology and immediately thought it would be an amazing addition to his practice. In 2012, Dr. Gray developed the minimally invasive scar-less breast lift, known as the "LazeLift," and he felt that the Thermi would be the perfect compliment to his cutting-edge skin-tightening techniques. Being the only Board Certified Plastic Surgeon in Northern California

to have the Thermi, Dr. Gray knew that this would be the answer for his patients wanting the "in-between"- not quite surgery, yet producing much better results than non- invasive procedures.

How Thermi Works:The FDA recently cleared Thermi in November 2013 for surgical applications in soft- tissues; it had previously been cleared by the FDA for solely treating nerves. Thermi uses controlled Radio Frequency, or "RF," which merely increases the temperature under the skin where it is applied. The unique characteristic about Thermi is that it has multiple uses; depending on the temperature, depth, and area in which the probe is being applied it can tighten skin and tissue, melt fat, or permanently relax frown lines just like Botox.

The minimally invasive skin-tightening technique is the most popular with Dr. Gray's patients. The most common areas Dr. Gray has treated to tighten loose skin are the face and jowls, neck, brow, arms, knees, and the abdominal area. During your Thermi treatment, Dr. Gray will numb the area with local anesthetic and insert the Thermi probe through an incision about the size of the tip of a pen. The probe heats the collagen connective bands in the sub-dermal area, which results in immediate tightening of the skin and surrounding tissues. The thermal effects cause continual skin-tightening for several months. Because of the tiny incision, stitches are not used to close the incision site and scars are virtually non-existent after healing. The full results of your Thermi treatment are visible at about three months post- procedure.

Another popular Thermi treatment that Dr. Gray uses at his practice is the technique to relax the nerves in the brow area, which results in "permanent Botox." Patients who regularly receive Botox treatments of the brow area and have built up a tolerance to the Neurotoxin are great

candidates for this procedure.

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