

LOS ANGELES, Jan. 24, 2014 /PRNewswire/ -- Many of the patients seen by the board-certified bariatric surgeons at Beverly Hills Physicians come to an initial consultation feeling as though they've reached the end of their rope trying to lose weight. Obesity, after all, is a disease, and one that is notoriously difficult to treat and keep the weight off. Unfortunately, the vast majority of morbidly obese adults find themselves unable to get down to a healthy weight after numerous attempts, and feel hopeless. Self-soothing with food can be a thing of the past when Beverly Hills Physicians' [weight loss surgery](#) patients learn more effective coping mechanisms and a newfound dedication to enjoying physical activities. Beverly Hills Physicians is proud to offer free informational seminars and first consultations to adults interested in surgical weight loss at many locations throughout Greater Los Angeles and beyond.

Lap band and [sleeve gastrectomy surgery](#) patients are seen by Beverly Hills Physicians' top-ranked bariatric surgeons in locations across So
uthern California
, from
Oxnard
to
Pasadena
, among other locations. Free, informational weight loss seminars are one way for patients to learn more about bariatric procedures without having to make any financial commitments, and to learn whether or not they'd be a good candidate.

For example, the free informational session about gastric sleeve and the [lap band in Valencia](#) , currently occurring every second and fourth Saturday afternoon of the month, helps those fighting obesity learn more about their options, feel comfortable with their potential bariatric surgeon, and learn more about the changes following a surgery. Prospective patients can easily sign up for a seminar on the Beverly Hills Physicians' website, and choose a location close to them. Upcoming seminars are located in:

- Beverly Hills
- Carson
- Encino

- Inland Empire
- Pasadena
- Thousand Oaks
- Valencia

The growing epidemic of obesity is a serious health crisis. The good news is that those who undergo procedures such as sleeve gastrectomy or lap band surgery can learn to change their relationship with food. Rather than falling victim to the need to snack around the clock, Beverly Hills Physicians' weight loss patients gradually get more comfortable focusing on healthy life choices.

Plus, the way bariatric surgery alters the body makes hunger pangs less of a burden, as they feel full more quickly and for longer periods of time. What's more, Beverly Hills Physicians' compassionate bariatric surgeons and support staff are highly invested in training patients to change their bad eating habits so they can get on the path to a permanent lifestyle change.

As the leading medical network in Greater Los Angeles, Beverly Hills Physicians provides wellness solutions from head to toe. The board-certified doctors practicing at BHP excel in their various fields, ranging from weight loss, gynecology, podiatry, plastic surgery and others. Each of the twelve BHP centers is accredited, and the doctors pride themselves on putting patient care in the forefront and helping them reach their health or beauty goals. If you are interested in weight loss surgery or another medical treatment, contact BHP today by visiting

www.beverlyhillsphysicians.com

or call 800-788-1416 today! Alternatively, you can keep up to date on BHP events and seminars by following them on Facebook at

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