

DENVER, Sept. 26, 2013 /PRNewswire/ -- Vista Gold Corp. ("Vista" or the "Company") (NYSE MKT and TSX: VGZ) announced today that it is the Company's policy not to comment on unusual market activity, but the Company wishes to confirm that it is not aware of any undisclosed events or information that would explain the recent high volumes or unusual price activity of its shares.

About Vista Gold Corp.

Vista is a gold company currently conducting a strategic review of its portfolio of gold assets, focused on its Mt. Todd gold project in Northern Territory, Australia. Vista's portfolio of assets also includes the Guadalupe de los Reyes gold/silver project in

Mexico

(a preliminary economic assessment was completed in March 2013

) and the Los Cardones gold project in

Mexico

(Invecture Group, S.A. de C.V. working to earn a 62.5% interest). Vista's other holdings include the Awak Mas gold project in

Indonesia

(One Asia Resources Ltd. working to earn an 80% interest), the Long Valley gold project in California

and a royalty on the Amayapampa gold project in

Bolivia

(being advanced by LionGold). For more information about our projects, including technical studies and resource estimates, please visit our website at

www.vistagold.com

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This press release contains forward-looking statements within the meaning of the U.S. Securities Act of 1933, as amended, and U.S. Securities Exchange Act of 1934, as amended, and forward-looking information within the meaning of Canadian securities laws. All statements, other than statements of historical facts, included in this press release that address activities, events or developments that Vista expects or anticipates will or may occur in the future, are forward-looking statements and forward-looking information. When used in this press release, the words "optimistic," "potential," "indicate," "expect," "intend," "hopes," "believe," "may," "will,"

Vista Gold Corp. Comments On Recent Trading Activity

Written by Australian Business

"if," "anticipate" and similar expressions are intended to identify forward-looking statements and forward-looking information. These statements involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of Vista to be materially different from any future results, performance or achievements expressed or implied by such statements. Such factors are discussed under the headings "Uncertainty of Forward-Looking Statements" and "Risk Factors" in Vista's latest Annual Report on Form 10-K as filed on March 14, 2013, and other documents filed with the U.S. Securities and Exchange Commission and Canadian securities commissions. Although Vista has attempted to identify important factors that could cause actual results to differ materially from those described in forward-looking statements and forward-looking information, there may be other factors that cause results not to be as anticipated, estimated or intended. Except as required by law, Vista assumes no obligation to publicly update any forward-looking statements or forward-looking information; whether as a result of new information, future events or otherwise.

For further information, please contact Connie Martinez at (720) 981-1185, or visit the Vista Gold Corp. website at www.vistagold.com

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