

LOS ANGELES, Sept. 18, 2013 /PRNewswire/ -- 'Tis the season for stuffy noses, sneezing and, in the worst cases, [sinusitis](#) . Although the symptoms of sinusitis may mimic the common cold or a seasonal allergy, it can be much more serious and negatively affect quality of life. When decongestants, antihistamines and nasal sprays are insufficient to cure a lingering "bug," a skilled ear, nose and throat surgeon such as Dr. Shervin Aminpour of L.A. ENTs will instantly recognize the signs of chronic sinusitis. While it has a reputation for being notoriously difficult to cure without surgery, Dr. Aminpour offers minimally-invasive sinusitis treatments that lead to lasting relief.

As a top ENT doctor, Dr. Aminpour routinely performs procedures ranging from [allergy testing](#) to sleep apnea surgery to treat his patients' ear, nose and throat problems. For chronic sinusitis, however, Dr. Aminpour can perform procedures such as endoscopic sinus surgery or [septoplasty in Los Angeles](#) , which are much less invasive procedures than treatments of years past. A relatively new option in sinusitis treatment is only slightly more involved than what Dr. Aminpour compares to a routine dental cleaning, called balloon sinuplasty. For selected patients, this treatment requires only local anesthetic, and the patient is awake and comfortable during the procedure. Some patients even come to the L.A. ENTs office during their lunch breaks from work to have balloon sinuplasty performed. The procedure involves a small balloon catheter being inserted into the patient's nostrils, which is then inflated to open the blocked sinuses. The result is minimal discomfort and maximum relief once patients can breathe easily once again.

If a patient's chronic sinusitis involves nasal obstruction that is more complex in nature, L.A. ENTs may recommend functional endoscopic sinus surgery. While the idea of having surgery may be alarming, the continual advances of otolaryngology have made the procedure not only routine, but safe and effective as well. The concerns patients may have about any visible scarring, a long convalescence or pain are nonexistent when a highly-skilled L.A. ENT surgeon, such as Dr. Aminpour or his partner Dr.

Mark Cohen

, performs the procedure. During the outpatient surgery, Dr. Aminpour or Dr. Cohen removes any bone or tissue blocking the sinuses so they can drain freely and the patient can breathe through their nose after recovery. The procedure is done entirely through the nostrils, meaning there are no external scars or signs of surgery.

L.A. ENTs Responds to Patients' Desires for Less Invasive Sinusitis Solutions

Written by Australian Business

With so many options for relief from sinus problems at L.A. ENTs, it's easy to see why patients choose to see the board-certified sinus surgeons at L.A. ENTs for treatment. Patients are encouraged to learn more about their specific ear, nose or throat ailments on the L.A. ENTs website, as Drs. Aminpour and Cohen are advocates of patient education, where the patient actively participates in choosing the proper treatment.

For those who are sick and tired of being sick and tired, make an appointment with L.A. ENTs on their website at www.laents.com or by calling 800-401-9897. Let 2013 be the end of your battle with sinus problems!

PR Submitted by www.Cyberset.com

SOURCE ENT & Allergy Associates of Los Angeles

RELATED LINKS <http://www.laents.com>