

LOS ANGELES, Sept. 26, 2013 /PRNewswire/ -- A new study conducted by the Cleveland Clinic is providing further support for the view that weight loss surgeries such as [sleeve gastrectomy](#)

, lap band, and gastric bypasses have long term benefits in preventing and even reversing diabetes. Renowned bariatric surgeon

Michael Feiz

, M.D., F.A.C.S. has seen this impact in his own patients and would like to make sure that the public really understands what this means.

When discussing the beneficial impact of [lap band vs gastric sleeve](#) procedures and other issues around weight loss surgery, the threat of diabetes as well as hypertension is often mentioned. However, for people who have not yet personally witnessed what these illnesses can lead to, the impacts of these conditions can remain somewhat abstract. In particular, while most people are at least somewhat aware that these conditions greatly increase the risk of heart attacks and strokes, Dr. Feiz is concerned that they may be less aware of the threat of kidney disease and its devastating impacts.

Over time, chronic kidney disease eventually leads to an end to nearly all kidney function. While some patients may be eligible for a kidney transplant, end stage renal disease sufferers – especially those over a certain age – most often end up on dialysis. Depending on the hardiness of the patient and other factors, dialysis can often keep a patient alive indefinitely; however, it is very time consuming and, especially for patients who are infirm, extremely uncomfortable. Dialysis can also wreak havoc with sleeping patterns, can seriously accelerate osteoporosis and necessitates a severely restricted diet. Particularly in older patients, dialysis can bring on depression and dementia.

Fortunately, as the Cleveland Clinic study indicates, when performed by an outstanding, board certified practitioner like Dr. Feiz, bariatric procedures like the gastric sleeve and the [lap band](#) really can stave off and even reverse the course of diabetes by causing permanent and healthy weight loss, greatly lowering the risk of kidney disease as well as heart attacks and stroke. Of course, not every patient is a candidate for bariatric surgery. Generally, patients with a very high body mass index (BMI), or a somewhat lower one with such comorbidities (i.e., health problems) as diabetes and high blood pressure, are able to take advantage of a procedure.

Of course, no surgery is ever a magic wand. Bariatric procedures generally have very real and lasting impacts on the feelings of incessant hunger that drive patients to continue eating even when they know that they have already consumed more than enough food. That obviously makes weight loss a great deal easier. Even so, patients still have to learn to eat far lighter but nutritionally rich meals on a regular basis. At the same time, as weight loss progresses, many patients are able to exercise more than before, and that leads to a virtuous cycle of low-calorie diet and exercise-induced weight loss.

To learn more about how a bariatric surgery can protect both your health and your quality of life, inquire about a free seminar with Dr. Feiz, an award winning surgeon who is considered among the very best in his field. Please call 800-868-5946 or visit www.drfeiz.com.

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