

HOUSTON, Oct. 2, 2013 /PRNewswire-iReach/ -- Neck and back pain are common complaints that Houston area residents have, and this type of pain can be caused by numerous factors. One common cause of pain in this area of the body is a pinched nerve. A pinched nerve can be caused by a wide range of accidents and injuries, degeneration due to age, and more. There are multiple treatment options that may be considered for alleviating the pain caused by a pinched nerve. Gulf Coast Spine Care is a Houston area medical office that specializes in conditions that result in pain in the neck and back, and the office recently has unveiled new pinched nerve treatment options as a benefit to its patients.

Neck and back pain can be caused by a wide range of conditions. For example, pain in this area of the body may be caused by everything from degenerative disc disease and facet joint disease to a herniated disc or bone spurs. The treatments that may be effective for each of these and other related conditions can vary. Therefore, in order to develop an effective treatment plan for an individual's back or neck pain, it is imperative that the underlying cause of the pain be identified. The medical team at Gulf Coast Spine Care can provide each patient with a personal diagnostic service to identify the cause of the pain.

If the cause of the neck or back pain is identified as being a pinched nerve, there are a number of treatment options that may be used to alleviate the pain. In some cases, the pain from a pinched nerve can be alleviated through spinal manipulation or therapy. In other cases, the pinched nerve pain may gradually go away on its own. Gulf Coast Spine Care also can provide patients with surgical treatments that can address the cause of a pinched nerve.

Living with the pain of a pinched nerve can be difficult to do. This is a condition that can cause an individual to experience bothersome and even debilitating pain, and this pain can interfere with an individual's ability to live a normal life and to carry out the activities that he or she needs or wants to. The team at Gulf Coast Spine Care will work hard to effectively develop a sound treatment plan that alleviates this pain without the need to take pain medications on an on-going basis. The result of the treatment is that the pain may be completely eliminated or drastically alleviated. The patient's quality of life will improve, and he or she may be able to resume daily

Gulf Coast Spine Care Unveils New Pinched Nerve Treatment Plans

Written by Australian Business

activities as planned.

Whether an individual has already been diagnosed with a pinched nerve or is experiencing the symptoms of a pinched nerve, he or she should contact the team at Gulf Coast Spine Care to obtain an accurate diagnosis of the condition. An effective treatment option may be available that can alleviate the pain.

About

Gulf Coast Spine Care is dedicated to helping Houston area residents with effective treatments for conditions that affect the neck and back. The team has been providing quality healthcare services to patients for many years, and it regularly make an effort to improve its treatment options to better serve its patients. The company can be reached by phone at 866-504-8610 or through their website at <http://www.gulfcoastspinecare.com/pinched-nerve>

Media Contact: Marvy Gallegos, Gulf Coast Spine Care, 866-504-8610, mgallegos@gulfcoastspinecare.com

News distributed by PR Newswire iReach: <https://ireach.prnewswire.com>

SOURCE Gulf Coast Spine Care

RELATED LINKS <http://www.gulfcoastspinecare.com>