

VENICE, Fla., Oct. 3, 2013 /PRNewswire/ -- With the 2013-14 flu season about to start, shutting down the federal government may prove to be hazardous to your health.

Facing furloughs of up to two-thirds of its entire staff, the Centers for Disease Control and Prevention (CDC) won't be able to monitor the spread of flu, as it usually does every year. While vaccines will be available, researchers won't know if or where serious flu outbreaks are occurring.

October is the time preventative measures are crucial and most effective to build up your immune system to support healthy immune function. When it comes to avoiding exposure and supporting your body's own immune processes, Dr. Gary Kracoff, a leading pharmacist and manager of the wellness center at the Johnson Compounding & Wellness Center, in Waltham, MA

, suggests the following health-sparing NATURAL, EASY and IMPACTFUL techniques:

- Proper nutrition
- A good night's sleep
- Frequent washing of hands
- Staying home when you are sick to help prevent the spread of illness
- Taking a therapeutic enzyme supplement high in proteolytic activity to assist the body in purification.\*

"Our bodies naturally produce digestive and metabolic enzymes to aid in digestion and support healthy immune function," Dr. Kracoff says.\* "The proteolytic enzymes contained in **ViraStop™** may provide assistance in breaking down undigested food protein, cellular debris and assist the body's natural ability to break down toxins in the blood, thus sparing the immune system this task."\*

**ViraStop™** contains an exclusive blend of proteases to assist the body in purification.\* The immune system can then concentrate on optimal immune function. ViraStop is not an "immune stimulator," rather a supporter of healthy immune function.\* This formula contains a blend of eight proteolytic enzymes making it Enzymedica's premier protease formula.

### About Enzymedica, Inc.

Headquartered in Venice, Florida, Enzymedica, Inc., was founded in 1998 to offer consumers targeted enzyme products. Digest™ and Digest Gold™ are the two top-selling digestive enzymes on the US market according to SPINS, a market research and consulting firm for the Natural Products Industry.+ Enzymedica's products are made from only the highest quality plant and plant-based enzymes. For more information, please visit

[www.enzymedica.com](http://www.enzymedica.com)

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*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

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