

LOS ANGELES, Oct. 25, 2013 /PRNewswire/ -- There's a crisp snap in the air alerting us all that autumn, and a new season of new beginnings, has arrived. Renowned surgeon and [Beverly Hills plastic surgery](#) notable Payam Jarrah-Nejad, M.D., F.I.C.S., F.A.C.S. suggests that right now is an outstanding time to make a new start on a new you, whether it's facial rejuvenation, body contouring through

[liposuction in Beverly Hills](#)

, or some other procedure you have in mind. Dr. J, as he is affectionately referred to by his patients, is known for a wide variety of surgeries, including the procedure known as the Brazilian butt lift; it's an operation that has produced an amazing number of stunning [buttock augmentation before and after photos](#)

. If you are seriously considering obtaining a procedure, Dr. J suggests that right now may be the perfect time to get started.

"Especially for people who want to debut their new look during the holidays or early in the new year, right now is a great time to get started on a procedure if you have a specific date in mind," said Dr. J. "Once we determine a patient is right for a given surgery, there's often some lag time before they can get it. I've developed an outstanding track record for reducing recovery times but, even so, there is often a period of several weeks before a complete recovery is made and the full impact of the patient's improved appearance becomes obvious," said Dr. J.

Dr. J is also quick to point out that there are sometimes unexpected roadblocks that might briefly delay a procedure, such as the patient having to deal with a sudden work-related or family emergency. Patients who are intent on looking their best for a particular time of year, therefore, need to get started as early as possible to ensure that their procedure will be looking its very best by any given date.

"Of course, everyone has different priorities. Some patients might prefer to have their procedures done during the holiday period so they can take advantage of time off from work or school. Even then, it doesn't hurt to get in touch as quickly as possible so we can start the ball rolling. After all, I'm only one plastic surgeon and there is a limit to the number of patients I can handle at any one time of the year," said Dr. J.

Fall is a Time for New Beginnings and a Great Time to Get a Cosmetic Procedure

Written by Australian Business

Indeed, Dr. J and his staff agree that starting that ball rolling early is never a bad strategy for taking advantage of the skills of one of the most highly regarded and busiest surgeons in the world plastic surgery mecca that is Beverly Hills and Los Angeles. For information on a free initial consultation with Dr. J, call 1-310-228-3151 or visit his website at

www.drjplasticsurgery.com

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SOURCE Dr. Payam Jarrah-Nejad

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