



[ScoliSMART Clinic of Michigan](#)

Grand Blanc,

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) Grand Blanc, MI - Research in the field of scoliosis treatment has grown exponentially within the last few years. One of the reasons for this is the continued work of Dr. Mark Morningstar, scoliosis specialist at the [ScoliSMART Clinic of Michigan in Grand Blanc](#)

In 2013 alone, Dr. Morningstar has published six research papers on the subject of scoliosis rehabilitation treatment. His latest study, titled "A Functional Explanation for a Proprietary External Head Weighting Device: A Commentary on Proposed Neurophysiological Mechanisms" was published this week in the [Annals of Vertebral Subluxation Research](#). This study explains the neurological concepts behind some of the core exercise principles used in scoliosis rehabilitation.

"This study is important because it allows us to examine the fundamental principles behind what we do from an exercise-based approach. Since scoliosis rehabilitation treatment has progressively evolved in recent years, it is imperative that we continually test what procedures work best and which ones don't. By doing so we more rapidly expand our collective knowledge base on scoliosis and foster more inter-professional communication and cooperation."

[Dr. Morningstar](#) is not new to scoliosis research. Earlier this year he had two abstracts published by the international [Society on Scoliosis Orthopedic and Rehabilitation Treatment \(SOSORT\)](#), and also co-authored an official position paper on scoliosis outcomes to lay the foundation for non-surgical, non-bracing scoliosis treatment guidelines. "There is a growing demand in the general public among patients and parents wanting more conservative treatment options for scoliosis. It is our duty to disseminate information about scoliosis treatment alternatives and their objective ability to provide scoliosis stabilization or correction," says Morningstar.

For more information on scoliosis, please visit <http://www.treatingscoliosis.com/> or contact the ScoliSMART Clinic of Michigan at (810) 694-3576.