

Esprit Adds Neurotransmitter Testing to Their Practice

Written by Australian Business



(PRLEAP.COM) Neurotransmitters are chemicals that facilitate communication throughout the body. Some neurotransmitters have a negative, or inhibiting, effect while others have a positive, or exciting, effect. In order to have good health, the number of positive and negative neurotransmitters need to be in balance. When they are not, health problems like scoliosis can occur. Esprit Wellness is a multi-specialty physical medicine outpatient wellness practice that has been providing chiropractic and physical therapy to NYC for more than fifteen years. They offer comprehensive pain & injury, rehab and wellness care using the most current treatment techniques and equipment. The addition of neurological testing to their practice will bring new opportunities for individuals suffering from scoliosis to get treatment without the rigid braces or dangerous surgeries that physicians were limited to in the past.

Many of the people with scoliosis who seek physical therapy in Manhattan are searching for a less-invasive approach to treatment that will reduce the curvature of their spine or prevent it from advancing. In addition to traditional treatments being invasive, limiting and painful, they have also been shown to be ineffective in many cases. Neurotransmitter testing can be performed easily through urinalysis in order to determine if an imbalance occurs. Neurotransmitters are made from amino acids and are metabolized by enzymes. If there is a deficiency, supplements containing either of these components may be used, depending on the specific needs of the individual, to restore the needed balance and correct the scoliosis. Once this happens, modifying the diet can help maintain the individual's condition.

Esprit Wellness offers a team approach to treatment that is based on the individual. They offer a broad range of services in chiropractic and physical therapy including active release therapy, flexion distraction, acupressure massage, scoliosis treatment and reduction, spinal decompression, whole body vibration, Graston, weight loss and nutrition, electronic therapeutic point stimulation pain therapy, digital X rays, posture ray X-ray analysis and medical massage. Their customized treatments are performed by highly trained, seasoned board-certified physical therapists, chiropractors, massage therapists, and acupuncturists to help you achieve wellness through non-invasive, non-surgical means.

To learn more about neurotransmitter testing or to find out how Dr. Sid can help you reduce the pain of scoliosis and help your body function properly, call Esprit Wellness at 212-354-2020 or visit online at www.espritwellness.com .

About Esprit Wellness: Esprit Wellness is a New York City Chiropractor and Physical Therapist facility with more than 15 years of experience. The doctor owned and operated multi-specialty

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physical medicine outpatient wellness practice was founded by Dr. Sid based on the concept of providing integral care on an individual basis. The treatment options provided are non-invasive and are delivered with a team approach by a highly trained, board-certified staff of physical therapists, chiropractors, acupuncturists and massage therapists.