

Purify Your Body Releases Infographic on Body Detoxification

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Purify Your Body

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– [Purify Your Body](http://PurifyYourBody.com) today

announced the release of an original infographic analyzing the sources of, and organs impacted by, toxins in the body. The graphic also features some of the many benefits of body detoxification.

"As we continue to industrial and advance technologically as a society, our bodies are coming in contact with an ever-increasing amount of toxins via the food we eat, the air we breathe, the water we drink, and the personal care products we use," explains Purify Your Body founder, Rebecca Hauptmann. She continued, "Owning a company that offers products that naturally cleanse toxins from the body, we thought it would be useful to create a graphic detailing where toxins in our environment come from, and where the gradually build up within our body and organs."

Amongst other data, the infographic illustrates how toxins trapped in the body cause physical and mental health problems, including: chronic fatigue, insomnia, food or chemical sensitivities, headaches and diseases. There are seven body organs that can help eliminate toxic substances and waste: lymphatic system, skin, lungs, blood, colon, kidneys and liver. Although our body can help eliminate toxins, modern industry, harsh pollutions and pesticides have increased the presence of chemical toxics in the environment.

Consumers and individuals interested in learning more about the presence of toxins in their environment, and the subsequent health impacts, can view the infographic on the Purify Your Body website at http://www.purifyyourbody.com/as_detoxification-infographic

About Purify Your Body Purify Your Body was founded in 2005 by Rebecca Hauptman Cashman in 2005 after a long journey to find alternative solutions to personal health concerns such as frequent migraine headaches and low energy levels. Today the company offers a variety of natural health products such as detox foot pads, oxygen supplements, and mineral supplements. To learn more about detox foot patches and other body detoxification products, visit http://www.purifyyourbody.com/as_detox_foot_pads , email sales@purifyyourbody.com , or call 435-363-9399.