

LOS ANGELES, Feb. 28, 2014 /PRNewswire/ -- After months of chilly weather, shedding our clothes in the summer at the beach can be incredibly liberating. Not everyone is excited for bikini season, though, as they may be suffering from physical insecurities that aren't easily corrected by exercise and a healthy diet. When the skills of a talented plastic surgeon are needed in Los Angeles, Dr. Payam Jarrah-Nejad is on hand to provide an incredible change, whether through rapid recovery breast implants or the Brazilian butt lift, before and after plastic surgery.

A womanly figure with an hourglass silhouette and full, perky breasts is something every woman strives for, yet may find difficult to attain. Others may wish they had slimmer thighs, which can be achieved through liposuction with Dr. J, as the inner and outer thighs are easily contoured to create a more flattering silhouette. The [thigh liposuction before after](#) photo gallery on Dr. J's website displays women who feel great after years of suffering from thighs that rubbed together and the hard to target outer thigh area that made many women feel uncomfortable and unattractive, especially the dimply look that may make women less confident to take a trip to the beach.

Dr. J can skillfully and effectively remove and reposition the fat from the thigh, hip and flank areas and inject it into the buttocks, which results in a shapelier body with more desirable curves. While many women think they would like [butt implants, Los Angeles](#) plastic surgeon Dr. J knows that a Brazilian buttock augmentation, also called a butt lift, is a safer alternative that leads to quicker healing and more desirable results that give a woman the derriere she always desired. Then, before beach season even begins, a woman will look and feel great and ready to take a dip in the Pacific with her leaner body.

About Dr. J Los Angeles plastic surgeon Dr. Payam Jarrah-Nejad is double board certified, and is an active member of the American Society of Plastic Surgeons. Dr. J has a sterling reputation, earned from years of delivering exceptional results to satisfied patients delighted at his bedside manner. With his unique perspective on the importance of new technologies as well as the need for personalized care for every patient, Dr. J utilizes a skillset he continues to perfect throughout his illustrious career.

If you're considering cosmetic surgery such as a buttock augmentation, liposuction, breast augmentation or other plastic surgery procedures to boost your confidence, look no further than Dr. J. Contact his team in Beverly Hills today by dialing 310-228-3151 to speak to a friendly live representative to set up your FREE initial consultation. Prospective patients are also invited to

Get Perfect Beach Body Before Spring Starts with Dr. J's Help

Written by Australian Business

set up their first appointments online by visiting
[plasticsurgery.com](http://www.drjplasticsurgery.com)

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