

Peak Medical Introduces Acupuncture Services for Patients

Written by Australian Business

(PRLEAP.COM) June 9, 2014 - Peak Medical provides a wide range of health care services to its patients, and the addition of NJ acupuncture to the list of treatments gives patients access to a whole-person approach to healing. Acupuncture is known to help relieve the symptoms of many ailments safely, without the use of prescription medications.

Acupuncture has been used for centuries, and the art of this treatment requires specialized training. The staff at Peak Medical is trained to know the latest techniques and methods to generate the results patients expect from this type of therapy. When performed correctly by trained NJ acupuncture specialists, the treatment is painless and effective. It does not come with the increased anxiety that patients experience when going through more invasive medical procedures.

Peak Medical is proud to welcome Noelle Bleski, a licensed acupuncturist. Bleski graduated from an accredited school of Traditional Chinese Medicine and has several thousand hours of acupuncture training under her belt.

Acupuncture is used for pain management, restoring balance to the body and strengthening the immune system. It has been known to help people struggling with arthritis pain, tennis elbow, headaches, back aches and muscle pain. Acupuncture is also used to help people battling depression, insomnia, anxiety and fatigue. Some people use this treatment to help with seasonal allergies and eczema. This natural approach to healing helps restore balance within the body, without the use of harsh medications, which often have adverse side effects.

NJ acupuncture from Peak Medical is performed in a calming, relaxed atmosphere. Unlike some medical treatments, this treatment does not have to be performed in a cold, clinical environment. Patients can listen to relaxing music and enjoy the treatment. Part of the benefit of this treatment is the gentle nature of the procedure, which is designed to help bring balance and peace to the patient.

Peak Medical offers acupuncture in addition to its menu of other services, which includes chiropractic care, pain management, laser treatments and physical therapy. These services can be combined with acupuncture to create a well rounded approach to a patient's treatment needs.

About Peak Medical Peak Medical is a New Jersey-based medical center staffed by medical doctors who are trained in multiple disciplines. The center provides many different types of

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treatments and services, including acupuncture. Learn more about the different services and techniques by visiting www.peakmedicalnow.com . This medical center has served its community since 1978, and continues to provide quality, compassionate care to all patients.