



July 18, 2014 - Known as The Santa Barbara Therapist, Dr. Adina McGarr-Knabke received a Doctorate in Clinical Psychology from Phillips Graduate Institute in 2007. The Santa Barbara Psychologist now provides treatment for eating disorders, anxiety, addiction, depression and self-injurious behaviors, as well as counseling for stress from her office located at 1187 Coast Village Rd., Suite 10P in Santa Barbara.