



October is Domestic Violence Awareness Month, which makes the release of "Invincible: The 10 Lies You Learn Growing Up with Domestic Violence, and the Truths to Set You Free" very timely. The book by CDV - Children of Violence (CDV.org) founder Brian Martin provides the tools to break the secrecy code that keeps adults from overcoming the often-unrecognized impacts of domestic violence in their own childhoods.