Louisville Orthopedic Surgeon Launches "Be Active, Be Healthy" Office Campaign To Inspire Staff To Inc

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Louisville orthopedic surgeon and sports medicine physician Dr. Stacie Grossfeld introduces "Be Active, Be Healthy" at Orthopaedic Specialists to encourage co-workers to find more opportunities for physical activity. This special effort includes using Fitbit devices to track physical activity, putting a stationary bicycle at the office and encouraging staff participation in the Louisville Triple Crown road races.