

ATLANTA, GA, September 12, 2013 /24-7PressRelease/ -- The [Atlanta painting company](#), The Painting Penguin, is excited to offer a few helpful tips to expecting parents; in particular, they are focusing on how to paint a nursery, a project that new moms and dads often find difficult. As a parent, you want what's best for your child, and that means knowing what type of paint to use. The

[Atlanta painting contractor](#)

says the color palette choice is certainly an important one, as bright, stimulating shades aren't recommended. Red is not suitable, for instance, as it can be distracting and counteract the soothing effect nurseries are supposed to induce.

Choose a safe finish for nurseries

The [house painters in Atlanta](#) also mention that using non-VOC paints is a must. These do not contain any of the harmful chemical agents known as volatile organic compounds that normal paint types do. They may cost a bit more per gallon, but are definitely a worthwhile investment.

According to Stephen Popov, Managing Partner of the Painting Penguin, "The most important thing to take into account before painting a nursery is selection. Not only are low and non-VOC types invaluable, you will also want to choose a finish that is going to meet the demands of the space. High gloss is advised over matte, as it can be scrubbed clean of spills without stripping the paint."

These painters also offer a word of caution for residents who live in older homes, as the rooms could be painted with lead-based paint.

The Painting Penguin offers a number of [Atlanta painting services](#). To learn more about The Painting Penguin, visit www.thepaintingpenguin.com.

About The Painting Penguin:

The Painting Penguin is a full-service residential and commercial painting company based in Atlanta, Ga. Their service offerings include interior and exterior painting, pressure washing and

Atlanta House Painters, the Painting Penguin, Share How to Paint a Nursery

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staining. They pride themselves on prompt, professional service and uniformed, insured employees who are the best at what they do.

For more information, please visit www.thepaintingpenguin.com .