

Kori And Everhart Advanced Dentistry Offers Sleep Apnea Treatment In Middletown

Written by Australian Business

MIDDLETOWN, OH, September 14, 2013 /**24-7PressRelease**/ -- When it comes to providing patients with quality and comprehensive care, Dr. Kori of Kori & Everhart Advanced Dentistry is a leading source in Middletown OH. One of the many crucial areas of care that she focuses on at her practice is sleep apnea. Unfortunately, a lot of people don't even realize that they have this problem.

Sleep apnea is a potentially serious condition that makes it difficult if not impossible to get a good night's rest. The problem is caused by lack of oxygen to the body while sleeping. With obstructive sleep apnea, the person has frequent blockages to the back of the throat while sleeping, which briefly deprives the body of oxygen and requires the person to wake up often during the night. There is also central sleep apnea-an airway is open oxygen still isn't getting to the body.

In some cases the patient wakes up dozens of times during the night and may not even realize what's going on. The main symptom the patient experiences is getting up in the morning still feeling groggy and tired because deep sleep wasn't achieved. There are simple fixes for this issue. Sleep apnea treatment Middletown dentist Dr. Kori treats sleep apnea with specialized dental devices. Patients need only come in for a visit.

Doctors recommend 6-8 hours of uninterrupted sleep to full recharge and prepare the body for the day ahead. Lack of proper sleep can wear down on the body over time and cause a marked decrease in a person's mental capacity. So when a person is frequently awakened in the middle of the night by sleep apnea symptoms, it can become a serious issue.

Common issues experienced by sleep apnea sufferers include bad memory, irritability, lack of creativity, headaches, and other physical or mental ailments. It's particularly a dangerous issue when patients feel drowsy while driving or operating heavy machinery. Middletown, OH dentist, Dr. Kori, consults clients regularly about these issues.

"Sleep apnea is not something to take lightly. Proper nightly sleep is crucial to healthy everyday living and working. Thankfully, it's an issue that can be treated with the use of modern dental devices that we offer at my office," said Dr. Mamta Kori on sleep apnea treatment in Middletown.

Patients who wake often feeling as if they never even sleep are encouraged to contact Dr. Kori at <http://www.eastpointedental.com> for a consultation to determine if this is the problem.

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About Kori & Everhart Advanced Dentistry: Dr. Mamta Kori received her dental degree from the Ohio State University College of Dentistry and completed her General Practice Residency in 2002 at Miami Valley Hospital in Dayton, Ohio. She started her practice with Dr. Scott Everhart shortly after completing her residency in 2002. Dr. Kori is a member of the American Dental Association, the Ohio Dental Association and the Keely Dental Society. Dr. Scott Everhart also attended the Ohio State University College of Dentistry and received his DDS degree in 1998. He worked as an associate in Columbus and Cincinnati before acquiring the practice of Dr. H.T. Weinstein in late 2000. Dr. Everhart is also currently a dental officer in the 373rd Med Co (DS), US Army.

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