

Come Dental Group Provides Superior Dental Care For Children In Englewood

Written by Australian Business

ENGLEWOOD, NJ, September 14, 2013 **/24-7PressRelease/** -- As a general dentist in Englewood, Dr. Sung Yun of Come Dental Group understands that proper dental care begins at birth. There are many things that can be done to help ensure that a child's teeth and gums start and remain healthy. From proper oral hygiene habits to eating healthy foods, patients can play an important part in laying the groundwork for their child's oral health and overall appearance later in life.

"By taking a few steps early in your baby's life, you can establish a pattern that will ensure your baby continues to have a healthy smile. Tooth decay is the most common chronic childhood disease, but in most cases it is very preventable," said Dr. David Choi, an Englewood pediatric dentist.

Because children follow the habits and routines they learn during childhood, it is vital that parents instill good dental habits at an early age. With help from Dr. Sung Yun, Dr. Bo Yun, Dr. Jiyeon Yoo, and Dr. David Choi (a pediatric dentist in Englewood), parents can ensure that their child remains healthy and continues to flash their endearing smile.

The American Academy of Pediatric Dentistry recommends bringing a child to the dentist before his or her first birthday. Cleaning a child's teeth should begin when the first tooth is visible because teeth are susceptible to decay as soon as they appear in the mouth. A baby's teeth and gums should be cleaned after every feeding with a soft toothbrush.

"A leading cause of tooth decay among young children is known as "baby bottle syndrome," which is when an infant is allowed to drink from a nursing bottle containing milk, formula or fruit juice during nap time or at night and the baby falls asleep with the bottle in his or her mouth. Prolonged exposure to the sugars and acids in these liquids, that pool around the teeth, can cause discoloration and decay," said Dr. Sung Yun, a dentist in Englewood, NJ.

As an Englewood, NJ dentist, Dr. Sung Yun will also help establish proper oral hygiene and diet for children. A child's primary teeth are important because good, healthy teeth allow him or her to eat and maintain good nutrition, making oral hygiene and diet essential for a healthy life. Additionally, healthy teeth allow for clear pronunciation and speech habits. Primary teeth also guide the eruption of a child's permanent teeth.

"The teeth, bones and soft tissue of the mouth require a healthy, well-balanced diet. Increasing consumption of nutritional foods and reducing intake of less healthy foods can help minimize

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cavities and other dental problems," said Dr. Yun, an Englewood dentist. "Most snacks that children eat can cause cavities, so children should only receive healthy foods such as vegetables, low-fat yogurt and cheeses to promote strong, healthy teeth."

Caring for a child's teeth begins early and often, which can help to set up children for a lifetime of healthy permanent teeth and overall dental health. Proper care for children should begin immediately with the initial onset of the first tooth. By visiting Dr. Sung Yun, Dr. Bo Yun, Dr. Jiyeon Yoo, and Dr. David Choi at Come Dental Group, parents can pave the way for a lifetime of proper dental health for their child.

About Come Dental Group: Dr. Sung Sun, a general dentist in Englewood, maintains a wide range of experience in different areas of dentistry-from cosmetic and restorative dentistry to surgical treatments and root canal therapy. He has been a dentist in Englewood for years and has completed several postgraduate courses in different fields of dentistry since he received his license to practice dentistry in New York, New Jersey and California. Dr. Yun received his DDS degree from the New York University of Dental Surgery and continues to complete continuing education courses to improve his skills and knowledge of dental health care. Joining Dr. Sung Yun at Come Dental is Dr. Bo Yun, an orthodontist in Englewood, NJ. Dr. Bo Yun earned her DDS degree and completed her specialty training in orthodontics at Columbia University in New York City.

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