

BETHESDA, MD, September 17, 2013 **/24-7PressRelease/** -- Sara Squires Davis, President and Chief Executive Officer of Squires Davis Physical Therapy and Wellness, Inc., has been recognized by Worldwide Who's Who for showing dedication, leadership and excellence in physical therapy.

Dr. Squires Davis is the President and CEO of Squires Davis Physical Therapy and Wellness, Inc., which she started as result of her desire to provide patients with high quality, on-on-one care in her own unique office space in the heart of downtown Bethesda. By giving each patient 100 percent of her attention for each session, she believes that she is able to improve the quality of care, patient outcomes and overall patient satisfaction with their treatment.

Squires Davis Physical Therapy and Wellness, Inc. is able to offer a variety of services to its clients, including personal training, holistic wellness counseling and nutritional counseling with a variety of experts in their respective fields. Caring for the whole patient is the company's mission, and providing excellence in patient care is its focus. Dr. Squires Davis feels that she has a unique approach to health, healing and wellness, and she looks forward to meeting any patient who wants a different approach to physical therapy where the patient's positive experience and outcome is the primary goal.

Dr. Squires Davis has been practicing physical therapy for over a dozen years and she is tremendously enthusiastic about helping her patients achieve optimal wellness and a sense of wholeness as a result of injury, trauma or chronic pain. She has a biomechanical approach to treating her patients, knowing that the body functions as a whole and not as individual parts. Helping those individual parts to function as a whole has become the focus of her career. She believes that the right balance of manual therapy, individual and specific exercise prescription and empowering patients with knowledge about their bodies, how they work and how they heal is the key to a successful outcome for each individual patient.

Dr. Squires Davis completed her undergraduate coursework and received a Bachelor of Science in Kinesiology from the University of Maryland at College Park. She then went on to complete her Doctorate of Physical Therapy in 2001 from the University of Southern California, currently ranked as the top school in the nation for physical therapy for the last 14 years. Dr. Squires Davis has also completed advanced coursework in manual therapy through orthopedic manual therapy seminars, and she received her manual therapy certification as well as coursework from the North American Institute of Manual Physical Therapy. She is certified to perform dry needling and intramuscular trigger point injections as an adjunct treatment for myofascial pain. Dr. Squires Davis' areas of specialty include spinal dysfunction, joint hypermobility and Ehler's Danlos Syndrome, temporomandibular joint dysfunction, headaches, evaluation and treatment of runners, vestibular disorders and treatment of patients with cancer for reduction in neuropathic pain, post-surgical pain, and improvement of overall endurance and

well-being.

Recognized for her diligence, Dr. Squires Davis received the Clinical Instructor of the Year Award from George Washington University in 2010. After being presented with the award, she was invited back to the university to share her knowledge as a guest lecturer. Dr. Sara Squires Davis attributes her success to her love for her job and ability to learn something new every day. In the coming years, she hopes to continue to build her practice and raise money for childhood cancer in cooperation with the Children's National Medical Center in Washington D.C through her Sparkles of Hope Fundraiser at <http://www.sparklesofhopefundraiser.weebly.com> .

About Worldwide Who's Who With over 500,000 members representing every major industry, Worldwide Who's Who is a powerful networking resource that enables professionals to outshine their competition, in part through effective branding and marketing. Worldwide Who's Who employs similar public relations techniques to those utilized by Fortune 500 companies, making them cost-effective for members who seek to take advantage of its career enhancement and business advancement services.

Worldwide Who's Who membership provides individuals with a valuable third-party endorsement of their accomplishments, and gives them the tools needed to brand themselves and their businesses effectively. In addition to publishing biographies in print and electronic form, it offers an online networking platform where members can establish new professional relationships.

For more information, please visit <http://www.worldwidewhoswho.com> .

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