

SPRING HILL, FL, September 20, 2013 **/24-7PressRelease/** -- After a car accident in Spring Hill, patients' health can be seriously impacted even if it is only a minor accident. Patients who are involved in a car accident should visit Dr. Ann Marra of Accurate Chiropractic. Dr. Marra is available to work with patients to improve their conditions and relieve pain. No matter how unimportant an auto accident injury might seem at the time, it can cause severe pain and interfere with a person's life. Accurate Chiropractic can help patients alleviate pains, including Spring Hill whiplash, so that they can get back to their normal life without complications.

"Car accidents can be scary for many people, which can cause them to tense up as it happens. Even the smallest car accident can cause pain for an individual. While the pain may not be instant, it does appear hours or days later, which is why it is important to always seek treatment immediately," said Dr. Ann Marra about Spring Hill car accidents.

Visiting Accurate Chiropractic after a car accident in Spring Hill is a smart move. Dr. Ann Marra can treat back injuries, soft tissue injuries and neck injuries/whiplash in Spring Hill, among others. Dr. Marra is also available to help patients loosen stiff muscles after their car accident to improve their mobility. By visiting Accurate Chiropractic after an accident, patients are taking the first step in healing.

When vehicles collide, a powerful force can be exerted on the spine and neck of accident victims, which can result in back pain and neck pain in Spring Hill. A type of neck pain that is often exhibited after an accident is whiplash, which is caused by the sudden snapping of the neck and head. When the head and neck are violently thrown forward and backward during the car accident, the soft tissues and discs of the neck and spine can suffer injury.

Whiplash can cause symptoms such as dizziness, blurred vision, hearing loss, and back and neck pain. It is imperative that accident victims visit Dr. Ann Marra, a chiropractor in Spring Hill, and her team of professionals at Accurate Chiropractic for proper care.

Car Accidents in Spring Hill and surrounding areas can also cause fractures, sprains, strains, dislocation, ligament injuries and disc conditions, among an array of other symptoms and injuries. All of these injuries can cause serious pain after an accident, which makes it important for patients to visit Dr. Ann Marra at Accurate Chiropractic immediately following a car accident. Dr. Ann Marra will work with each patient to create an appropriate chiropractic treatment to eliminate pain and ease tense muscles.

## Accurate Chiropractic Offers Care for Patients After Car Accidents in Spring Hill

Written by Australian Business

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For more information about services offered, such as treatment of Spring Hill arthritis and car accident injuries, and to access door-to-door driving directions, patients can visit the website for Accurate Chiropractic at <http://www.accurate-chiro.com>.

About Accurate Chiropractic: Accurate Chiropractic was established with one main focus, and that was to walk along side the people in this community, helping them to achieve the highest level of health and wellness possible. Accurate Chiropractic offers relief for patients suffering from lower back or neck pain, headaches, arthritis or car accident injuries. All the professionals at Accurate Chiropractic are fully trained and experienced to provide patients with the best chiropractic care possible. Dr. Ann Lauren Marra is available to provide patients with the chiropractic care they need to find relief from their pain.

Media Contact: Dr. Ann Lauren Marra [drann@accurate-chiro.com](mailto:drann@accurate-chiro.com) 4191 Mariner Blvd Spring Hill, FL 34609 352-684-2707 <http://www.accurate-chiro.com>

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