

MORRISVILLE, NC, September 25, 2013 **/24-7PressRelease/** -- [LipiFlow](#) is an innovative in-office procedure that assists the treatment of dry-eye. Dry-eye is a serious and troublesome condition for many people across the country. In order to stop dry-eye and other equally bothersome and problematic eye concerns, the team at LipiFlow is proud to lend support to a [new piece](#) detailing tips on preventative eye care.

Unfortunately, it's becoming increasingly common for people to take their good eyesight for granted, only paying attention to it when they experience a problem with their vision. However, the team at LipiFlow explains that enjoying good eyesight for years to come requires preventative measures. Without these preventative measures, it is all too easy to experience serious concerns pertaining to vision.

Protection against UV rays is an important part of a person's overall eye health. Most individuals know about the importance of coating their skin with sunscreen prior to enjoying time outdoors, but UV rays can also harm a person's eyes, particularly the sensitive skin around the eye area. To ward off problems caused by UV rays, an individual should wear sunglasses that feature polarized lenses. Bigger sunglasses are also useful, as they are able to protect more of the sensitive skin around the eyes. In addition to this, an individual should always wear a broad-spectrum sunscreen around the eyes and on their face. This packs a powerful punch against these harmful rays.

For those who wear contact lenses, the team at LipiFlow explains that good hygiene is an essential part of fighting off complications that come from contact lenses. Many people don't realize just how easily their contacts can attract bacteria, putting them at risk for a potentially dangerous eye infection. To keep the lenses clean, the individual should wash their hands thoroughly before touching the lenses or their eye. They should also clean the lenses thoroughly with a solution each day, and carefully adhere to any manufacturer guidelines about storing these lenses. In addition to this, disposable lenses should be discarded according to these guidelines.

Many individuals are surprised to find that they should not use tap water to clean and store their contact lenses in the event that they run out of contact solution. While this practice may seem harmless, it actually sets the person up for infection. Even seemingly clean water can contain pathogens, which can easily be transferred into the eyes through contact lenses. To avoid this danger, the person should only clean and store lenses in a hygienic solution.

"In addition to these measures, an individual should wear safety glasses when they are doing

LipiFlow Supports New Strategies for Preventative Eye Care

Written by Australian Business

any kind of construction, even if it's just an at-home project. Tiny bits of dirt or debris can wreak havoc on a person's eyesight. These kinds of accidents should be avoided at all costs, and protective eyewear can make sure that this is the case," states a representative from LipiFlow.

ABOUT:

LipiFlow is a revolutionary, non-invasive in-office treatment that is effective for those dealing with the effects of dry-eye. It is becoming increasingly popular among healthcare professionals and patients.