

## Dr. Dov Rand Announces Membership with American Academy of Anti-Aging Medicine

Written by Australian Business

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WEST ORANGE, NJ, September 26, 2013 **/24-7PressRelease/** -- Dr. Dov Rand is proud to announce his continued membership with the American Academy of Anti-Aging Medicine (A4M), distinguishing himself as one of the 26,000 thousand physicians practicing anti-aging medicine throughout the world. With his certificate from A4M, Dr. Dov Rand is proud to announce not only his qualification to practice anti-aging medicine, but his dedication to top patient care as well.

As an expert in his field, [Dr. Dov Rand](#) believes that lifestyle changes and preventative medicine are some of the key elements to a long, healthy life. For instance, eating healthier can help lower blood pressure, which is also a preventative disease. Lowering blood pressure, Dr. Dov Rand says, is one of the ways patients can enjoy a longer, healthier life. There are many diseases that can be avoided or treated through lifestyle modifications, and blood pressure is one of them.

As a member of the American Academy of Anti-Aging Medicine, Dr. Dov Rand is dedicated to the outreach, education, and advocacy for anti-aging medicine. While the American Board of Medical Specialties or the American Medical Association does not currently recognize anti-aging medicine, there's a global push to recognize this form of medicine and patient care. Scientific research, medicinal practices, and hormone treatments all make the practice a serious branch of medicine, advocates argue.

From anti-aging products to the human growth hormone, there are many techniques and research studies being done in anti-aging medicine. Still, [Dr. Dov Rand](#) believes that patient education and outreach is one of the most effective tools. "No matter how advanced our technologies or medicines become, the most effective tool is prevention," says Dr. Dov Rand. "Whether it's diet management or other lifestyle changes, patients can all work to prevent the negative effects of aging in their life. Our bodies were created to adapt to those changes."

As Dr. Dov Rand continues focusing on patient care, those who work closest with him have seen continued success. Dr. Dov Rand has been awarded numerous times with the Patient Recognition Award and other accolades. "I'm honored to be recognized and respected for what I do," says Dr. Dov Rand. "It's exciting to know that my patients understand and appreciate the level of care and respect that I have for each of them."

[Dr. Dov Rand](#) recently announced the completion of the Cenegenics Physicians Training Program. The completion of this program coupled with his continued membership with A4M distinguishes Dr. Dov Rand as a physician dedicated to learning more about anti-aging techniques and the latest in age management medicine. Through the Cenegenics Physicians

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Training Program, Dr. Dov Rand has been able to learn more about hormonal changes, the latest procedures, and a more holistic approach to healthcare.

The latest procedures presented through the Cenegenics Physicians Training Program are focused on innovative anti-aging techniques, rejuvenation procedures, and hormone replacement therapies. As a physician passionate about the latest technology available for patient care, Dr. Dov Rand is excited about the opportunities this will provide in his career and in the industry. Dr. Dov Rand has over 22 years of medical experience.

**About:** [Dr. Dov Rand](#) is a physician who specializes in anti-aging medicine in New Jersey.