

## Fremont, CA Dentist Offers Invisalign for a Straight Smile Without Metal

Written by Australian Business

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FREMONT, CA, September 26, 2013 /**24-7PressRelease**/ -- Say goodbye to the days of metal braces. While traditional orthodontics remain an efficient and popular way to straighten teeth, particularly for minors, Invisalign offers a way for adults and teenagers to straighten their smiles without announcing it to the world. For this reason, Dr. Gayatri D. Sakhrani offers the service to her patients.

"Nobody will know you're wearing Invisalign," said Dr. Sakhrani, Fremont dentist. "But the results are the same in most cases as traditional braces." Many adults associate metal braces with a juvenile look. This can cause some apprehension when they need braces as adults. Invisalign solves this conundrum, giving adults and teenagers straight teeth without altering their appearance. Patients can continue to look as refined as ever while Invisalign works its magic.

Invisalign works much like a retainer. Invisalign consists of clear aligners that cover teeth like molds. The aligners resemble at-home teeth whitening trays. Each set is worn for about two weeks. Aligners are only removed to eat, drink, brush and floss.

Every couple of weeks, Dr. Sakhrani will give the patient new aligners. Each set of aligners is shaped differently to account for the changes in a patient's teeth and the goals of the treatment. This is done by using 3D imaging on a computer. The computer configures the precise molds a patient needs using the information learned through dental x-rays. With every upgrade, teeth get a little straighter. The process averages nine months to a year and a half, depending on the needs of the patient. In general, this comes out to an average of 18 to 30 aligners.

Along with providing Invisalign teeth straightening, Dr. Sakhrani offers a comprehensive list of dental procedures, from standard fillings and teeth cleanings to root canals and implants. Dr. Sakhrani is a certified Invisalign practitioner and trained in both general and cosmetic dentistry.

For more information about Invisalign and the other services Dr. Sakhrani offers, patients can visit the Mission Hills Family Dentistry Inc. website at <http://www.missionhillsdentalarts.com> or contact her office at 510-793-0800.

About Gayatri D. Sakhrani, DMD, CAGS: Dr. Sakhrani attended the prestigious Boston University Goldman School of Dental Medicine. After completing the dental medicine program, she pursued a residency to advance her training in cosmetic and implant dentistry. After Boston, Dr. Sakhrani moved to the Bay Area where she practiced as an Associate Dentist in Berkeley for five years before taking over a practice in Fremont in 2006. She is a member of the

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American Dental Association, California Dental Association, Advanced General Dentistry, Berkeley Dental Society and the Southern Alameda County Dental Society.

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