

Hollywood Has Helped to Take Plastic Surgery Mainstream

Written by Australian Business

HOUSTON, TX, October 02, 2013 /**24-7PressRelease**/ -- Plastic surgery has become refined, affordable, and very popular with average Americans. Hollywood celebrities have undergone cosmetic procedures to the point that an unconscious "stamp of approval" has permeated our culture.

Plastic surgery is a fairly common type of surgery and people have procedures performed as a matter of course. However, at one time, plastic surgery was pretty much thought of as something that only spies in movies used to change the way they looked to become unrecognizable to their enemies. It certainly wasn't something that was a part of mainstream society. It is interesting to note that, in current times, the reason plastic surgery has become very common, is in large part thanks to Hollywood. Millions of procedures are performed each year around the world. Cosmetic surgeries such as facelifts and breast augmentation are routinely performed in the United States. According to American Society for Aesthetic Plastic Surgery, "in 2012, over 10 million cosmetic procedures were performed by board certified doctors in the United States."

(<http://www.surgery.org/media/news-releases/cosmetic-procedures-increase-in-2012>). Plastic surgery as a medical discipline is flourishing.

Dr. Patrick Hsu, chief of plastic, cosmetic and reconstruction surgery at Memorial Plastic Surgery in Houston, Texas concludes "Our society is motivated to look and feel as young and beautiful as possible. Occasionally individuals require external help to achieve the appearance they desire. Looking your best boosts self-esteem and confidence, which translates positively, into every aspect of your life. More and more people can take advantage of the benefits of plastic surgery." Plastic surgeons like Dr. Hsu are in great demand. The procedures that he and other surgeons perform are sophisticated and have been improved over time and yield remarkable, natural looking results, in a safe and effective manner.

If Hollywood celebrities and movie stars can take advantage of current plastic surgery procedures, then why not the average person? That question pretty much sums up the philosophy in our culture today. The answer is that they should. As long as they engage the services of a plastic surgeon who is highly competent, has experience with the particular procedure they want, and is board certified, they would be safe, and happy with the outcome.

Fighting the effects of aging has become the norm. It is commonplace for both genders to dye their hair. Exercise, proper nutrition, and quality sleep go a long way to keeping us in youthful shape. Skin lotions, creams, and gels are sold in vast quantities. There is almost an anti aging fervor gripping our country. Plastic surgery has become part and parcel of the cultural mind. We may not all be able to look like Hollywood movie stars, but if we can get a little help to look as good as we can, why not?

About Dr. Patrick Hsu

Dr. Patrick Hsu is a Board-Certified Plastic Surgeon and Reconstructive Microsurgeon who specializes in cosmetic and reconstructive surgery of the breasts and body, including breast augmentation, tummy tucks and liposuction. Dr. Patrick Hsu received a Bachelor of Science at Rutgers College and then a Master of Science in Biochemistry and Molecular Biology from Albany Medical College. He received his Medical Degree from UMDNJ - Robert Wood Johnson Medical School, graduating President of his class with highest honors and distinction. Following medical school graduation, Dr. Hsu attended the prestigious Michael E. DeBakey Department of Surgery at Baylor College of Medicine. Dr. Hsu completed his plastic surgery fellowship at UMDNJ-Robert Wood Johnson and dedicated an additional year to a second fellowship in Microsurgery at the world-renowned M.D. Anderson Cancer Center. Visit <http://www.memorialplasticsurgery.com> for more information.