

October 02, 2013 /**24-7PressRelease**/ -- Contracting a deadly disease is usually the last thing on residents of Baton Rouge and LA Metro when they go out to a restaurant to eat. However, getting food poisoning is a common problem throughout the United States. According to the Centers for Disease Control and Prevention, it is estimated that approximately 48 million people get sick from [food poisoning](#) and 3,000 die from its effects each year.

Signs and symptoms of food poisoning

Although the majority of food poisoning instances are not fatal, there are certain signs that indicate food poisoning and a fatal disease may be occurring. Food poisoning can be classified as having these symptoms:- Fever- Pain and cramps in the abdominal region- Nausea- Vomiting- Watery diarrhea

If these symptoms persist for an extended length of time or they become more severe, seek medical assistance immediately.

Paying attention to the signs and symptoms of food poisoning is extremely important. A health reporter was almost killed by a food-borne illness and it took her months to recover from its effects. The reporter made it to the hospital only to find that her kidney and liver were about to shut down and there was only a 15% chance that she would survive through the night. Later, the reporter was diagnosed with E. coli and spent a combined total of 19 days in the hospital. Although the reporter survived, many are not so lucky.

Deadly diseases

E. coli is one of the most fatal [food borne illnesses](#) along with Listeria, Staph bacteria, Hepatitis A and Salmonella. The reason E. coli is such a dangerous form of food poisoning is because it causes kidney failure, otherwise known as hemolytic uremic syndrome. Young children and older adults are especially prone to fatal forms of E. coli. Individuals should be very careful about preventing food borne illnesses because according to the Mayo Clinic, there is no proven successful treatment for the infection.

Individuals that exhibit the signs of food poisoning after eating at a restaurant or certain food

Food poisoning and E. coli poses threat to Louisiana residents

Written by Australian Business

should contact their county or city health department to report the incident. Often, two or more people will report an illness due to the same causes. This allows for the health department to track down the outbreak and control it so that there is are a limited number of people affected by the food borne illness.

Reporting food poisoning is extremely important because it may save lives. If you recently contracted food poisoning and suffered from a potentially fatal food-borne illness like E. coli or salmonella, contact a personal injury attorney to find out what your rights are after your recovery.

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