

SAN BERNARDINO, CA, October 03, 2013 **/24-7PressRelease/** -- With technological advances occurring in the blink of an eye, people often turn to their electronic devices for everything from booking flights to catching up on global news. It's rare to not see people checking their smartphones or reading their Kindles at some point during the day. Electronics have become an essential part of our lives, plugging us in to the world around us and helping us stay current in our ever-changing world.

One way people have chosen to get their information is through blogs, which has become a popular and growing trend over the last decade. In fact, by 2011, there were over 181 million blogs worldwide, which was up from the only 36 million blogs that were around only five years earlier. From foodies to fitness gurus, there are blogs to fit every interest and lifestyle. However, when it comes to obtaining online medical advice, it can be difficult to know which blogs and websites to trust. Dr. Sanjay Patel, San Bernardino dentist, knows that online medical information can be daunting and wants to provide his patients with accurate, helpful and interesting dental information through his online blog.

"It's amazing how popular blogging has become," says San Bernardino dentist, Dr. Patel. "Also, I know there is a lot of misinformation of there when it comes to medical advice, so I wanted to provide a blog that would not only interest my patients but also provide useful advice and information so they can make better decisions about their health." Dr. Patel's blog provides an array of dental topics from conditions and treatments to positive personal stories.

"No matter where my patients are, whether they are taking their lunch break or commuting home, they have access to dental information when they need it most," says Dr. Patel, dentist in San Bernardino. "I know dental issues can arise suddenly, and not having immediate access to your dentist can be scary. I want my blog to be a comfort and knowledgeable base for my patients when they aren't sitting in the dental chair. It's important that people keep abreast of their dental health so they can prevent issues and lead healthier lives."

To learn more about your dental health, check out San Bernardino dentist, Dr. Patel's blog at <http://www.mydentistcalifornia.com>, or contact him at (888) 599-7005.

About My Dentist: Dr. Sanjay Patel is a solo practitioner and has been working with patients to provide the best cosmetic dentistry for patients since 2000. Dr. Patel provides an array of dental services, including Lumineers, dentures, teeth whitening and veneers. Dr. Sanjay Patel was born in a small town in England and moved to the United States with his family. He graduated from the University of California, Riverside, where he received his Bachelor of Science in

Busy Lives Can Benefit From This Dentist In San Bernardino's Blog

Written by Australian Business

Biology. He also attended Loma Linda University School of Dentistry where he received his Doctorate degree in 1996. Since then, Dr. Patel has continued serving the people of the Inland Empire and has practice cosmetic and general dentistry with some of the best Inland Empire dentists from Rancho Cucamonga, Corona, and Ontario to Hemet and Moreno Valley. Dr. Patel started My Dentist in 2000 and has been dedicated to his mission of giving San Bernardino patients quality and affordable dental care without the Hollywood high price.

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