

Gray Divorce in Tennessee: Tips to help avoid a split.

Written by Australian Business

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Although divorce rates are fairly steady, an interesting trend is present in the U.S. The divorce rate amongst baby boomers is increasing. According to a study conducted out of Bowling Green State University, almost one in four divorces completed in 2010 involved couples over the age of 50. The study also found the divorcerate within this age group doubled from 1990 to 2010.

There does not appear to be a single factor leading to this increase, but many couples struggle after their children leave for college or they begin retirement.

Proactive steps can help you avoid being a part of the trend

The following tips can help you avoid becoming a part of this trend:-Accept that relationships change. The Huffington Post recently did a piece on a couple that is bucking this trend. Their tip for success after almost thirty years of marriage: do not expect your relationship to be the same as it was when you were in your twenties.-Attempt to nurture your marriage while the children are still there or while you are still focusing on your career. Like most things in life, if you wait until the last minute it may be too late. Once the children leave or retirement begins those who have not invested in their relationships may question the value of the relationship. If possible, make some one on one time before these important transitions begin. This could involve taking a class together, traveling or dining out.-But don't forget about "me" time. As important as it is to nurture your relationship, it is also important to take time for yourself. Explore and take the time to develop outside interests.

Unfortunately, even when proactive steps are taken some relationships are not salvageable. If this is the case, it is wise to have a basic understanding of how divorce law works in your state.

Divorce law basics: Tennessee

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Divorce in Tennessee can be either fault or no-fault. No-fault divorce refers to a petition for separation based on irreconcilable differences. Essentially, both spouses agree to this ground and submit a properly signed agreement. This can also be combined with a specific ground for divorce. Grounds for divorce in Tennessee include adultery, conviction of a felony, alcoholism or drug addiction and cruel and inhuman treatment or unsafe and improper marital conduct.

In order to receive a divorce, proper paperwork must be filed with the right court. If you are considering a divorce, contact an experienced Tennessee Divorce lawyer to discuss your situation and better ensure a more favorable outcome.