

GROSSE POINTE, MI, October 04, 2013 **/24-7PressRelease/** -- When a patient is experiencing discolored teeth, he or she might be embarrassed to smile. With help from Dr. Mary Sue Stonisch at Faircourt Dental Smile Enhancement Studio, patients can brighten their teeth with teeth whitening in Grosse Pointe.

With teeth whitening, patients can experience a brighter, whiter smile in no time. Today there is an array of whitening systems available, but not all of them provide the same results. There are whitening toothpastes, over-the-counter gels, rinses, strips, and trays, and whitening agents that are obtained through Dr. Stonisch, a Grosse Pointe, MI dentist. Teeth whitening is typically ideal for those who have healthy, unrestored teeth and gums. Individuals with yellow tones to their teeth respond best to whitening, as it is not recommended for everyone.

"Over the years, a person's teeth may darken as a result of natural wear and tear, and stain accumulation. This discoloration can cause you to hide your smile or teeth when talking or eating. At Faircourt Dental, I work with my patients to generate the best treatment plan for putting that sparkle back in their smile," said Dr. Mary Sue Stonisch, a dentist in Grosse Pointe, MI.

The use of toothpaste helps to remove surface stains because they contain mild abrasives. Some whitening toothpastes also contain polishing or chemical agents that provide additional stain removal effectiveness. Surface stains are only removed when using whitening toothpastes, as they do not contain bleach. By using whitening toothpastes patients can help lighten the color of their teeth by approximately one shade. For better results, in-office whitening by Dr. Mary Sue Stonisch can make a patient's teeth three to eight shades lighter.

In-office bleaching yields the fastest results as it is applied directly to the teeth. These products can be used in combination with heat, a special light, or a laser. Results can generally be seen in only one, 30 to 60 minutes treatment, but to achieve more dramatic results, several appointments may be needed as well. With in-office whitening, dramatic results can be seen immediately after the first treatment. Professional whitening performed by Dr. Mary Sue Stonisch is considered to be the most effective and safest method for whitening teeth. Done properly, teeth whitening can last as long as five years.

Patients who are in search of a brighter, whiter smile, teeth whitening in Grosse Pointe can be performed at Faircourt Dental Smile Enhancement Studio to reduce discoloration and staining. By contacting Dr. Mary Sue Stonisch, patients can gain further information on how teeth whitening can help improve the appearance of their smile.

Grosse Pointe, MI Dentist Gives Patients Brighter, Whiter Smiles

Written by Australian Business

About Faircourt Dental Smile Enhancement Studio: Dr. Mary Sue Stonisch, a leading aesthetic and cosmetic dentist in Grosse Pointe, MI and the surrounding areas operate Smile Enhancement Studio. The American Academy of Cosmetic Dentistry, as well as the International Academy of Dental Facial Esthetics, accredits Dr. Mary Sue Stonisch as a recognized leader in the field of Aesthetic Dentistry in Grosse Pointe Michigan. Dr. Stonisch is on staff at both St. John and Bon Secours Hospitals and is a lecturer at the University Of Detroit Mercy School Of Dentistry.

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