

Suwanee Obgyn Raises Awareness For Breast Cancer During October

Written by Australian Business

JOHNS CREEK, GA, October 04, 2013 **/24-7PressRelease/** -- October is breast cancer awareness month, which is an annual campaign to increase awareness of the disease. Most people are aware of breast cancer, but many forget to take the steps to have a plan to detect the disease in its early stages and encourage others to do the same. As a Suwanee OBGYN, Dr. Dori Kasparek of Complete Women's Healthcare is available as a first line of prevention against breast cancer.

Not only should women check their breasts every month, but October also strives to bring further awareness for those who might forget or skip their annual breast exams. Dr. Kasparek offers patients in Alpharetta proper women's healthcare throughout the year. October strives to improve awareness of breast cancer and helps gynecologists to shed light on this disease. By being aware of breast cancer, Dr. Kasparek can help her patients take the proper steps to a full recovery.

"A breast cancer diagnosis can often be shocking and hard to grasp, but it is important to understand that early diagnosis offers the greatest chance for survival. During October's breast cancer awareness, be sure to brush up on your knowledge and visit Complete Women's Healthcare near Alpharetta for an examination," said Dr. Dori Kasparek, a gynecologist near Suwanee at Complete Women's Healthcare.

The best way to find breast cancer early is with a mammogram. Women age 50 years or older should have a screening mammogram every two years. Dr. Dori Kasparek, Johns Creek obstetrician and gynecologist, urges every woman to take the necessary precautions and tests to ensure their optimal health. Throughout the month of October, Dr. Kasparek urges women to visit Complete Women's Healthcare in Johns Creek to take the first step in prevention of breast cancer through proper awareness.

"It can often be overwhelming to make sense of the ever-changing world of breast cancer, which is why October is Breast Cancer Awareness Month-to help us fully understand the risks and how we can take a stand," said Dr. Kasparek.

Often, there are no symptoms of breast cancer, but signs of breast cancer can include a breast lump or an abnormal mammogram. Breast cancer stages range from early, curable breast cancer to metastatic breast cancer, with a variety of breast cancer treatments. Breast cancer is a malignant tumor that starts in the cells of the breast. A malignant tumor is a group of cancer cells that can grow into surrounding tissues or spread to distant areas of the body. The disease occurs mainly in women, but men can get it, too.

Suwanee Obgyn Raises Awareness For Breast Cancer During October

Written by Australian Business

As October is breast cancer awareness month, Dr. Dori Kasperek of Complete Women's Healthcare shares valuable information to inform women on the urgency of annual breast examinations to properly diagnose and treat breast cancer.

About Complete Women's Healthcare: Complete Women's Healthcare was opened in 2007 by Dr. Dori Kasperek, M.D., FACOG, OBGYN, and strives to provide comprehensive and empathic care for women of all ages. Dr. Kasperek attended the Medical University of South Carolina, graduating with a Doctorate in Medicine in 1997. She performed her residency in Obstetrics and Gynecology at New Hanover Regional Medical Center, an affiliate of the University of North Carolina, in Wilmington, North Carolina. Dr. Kasperek began private practice in Supply, NC, but eventually relocated to Gwinnett County, Georgia, where she practiced in a small, established group practice before opening Complete Women's Healthcare in 2007. Working alongside Dr. Kasperek is Dr. Supriya Rao, M.D., OBGYN. Dr. Rao received her medical degree in 2003 at M.S. Ramaiah Medical School in Bangalore, India. She completed her residency training in Obstetrics and Gynecology at Newark Beth Israel Medical Center in Newark, NJ and graduated in 2010. After completing her residency, Dr. Rao joined fellowship in Robotic, Minimally Invasive and Gynecology surgery at St. Joseph's Medical Group in Atlanta, GA and graduated in 2012.

Media Contact: Dr. Dori Kasperek contactus@womenscareonline.com 10710 Medlock Bridge Road, Suite 200 Johns Creek, GA 30097 (770) 622-9810
<http://www.womenscareonline.com>

As seen on: <http://www.epressdistribution.com/news.asp?id=2898>

Read more Press Releases from Dr. Dori Kasperek: