

PORTLAND, OR, October 05, 2013 **/24-7PressRelease/** -- Streaming live on the Co-Creator Radio Network on Tuesday, October 8, at 11am Pacific/2pm Eastern on "Why Shamanism Now? A Practical Path to Authenticity," shaman and founder of the Last Mask Center for Shamanic Healing Christina Pratt addresses the questions: How is shamanic practice evolving, as it has in every age, to meet the challenges of our time? The spirits gave us good council as we entered the New World, but what have we done with that information? Are we shifting our relationship with the Unknown in ways that allow us to truly guide the young through initiation into adulthood and the dying safely through the threshold of death? Have we embraced the path of passion and true-heartedness to effectively guide the reassembling of people struggling with PTSD and our epidemic of mental illnesses? Have we made any progress at all out of the lie of separation from God and begun to bridge religious separation and embrace diversity as our true savior? Have we accepted the piles of research that supports the ancient knowing that sustainable health is rooted in the ability to rest, fully relax and to nourish that which matters in life?

In this episode of "Why Shamanism Now?" titled "Shamanic Practice in the New World," Pratt explores how to work with the guidance of spirit to change your story, live in new ways, and to write the New Story with our shamanic work in the world.

Christina Pratt is a contemporary shaman specializing in mending the soul and transforming the parts of life that feel impossible. A teacher of exceptional clarity, humor, and inspiration, Pratt brings the power of shamanism into the practical grasp of anyone willing to take responsibility for improving the quality of their life. Her book *An Encyclopedia of Shamanism* clearly discusses the basic concepts of shamanism, methods, and traditions of over 50 different shamanic peoples. Pratt is the founder of the Last Mask Center for Shamanic Healing, creator of the original Foundations of Shamanism and Shamanic Healing course at the University of Minnesota, and a frequent and honored speaker for the American Holistic Medical Association.

"Why Shamanism Now? A Practical Path to Authenticity", a live internet talk radio show with host Christina Pratt, airs Tuesdays at 11am Pacific/2pm Eastern time on co-creatornetwork.com/hosts/shamanism/host_bio.htm. Each week host Christina Pratt and guests explore the practical application of shamanic skills in our contemporary lives to create robust well-being, strong and clear community connections, and life enriching spiritual maturity. Listeners can ask questions by calling 512-772-1938 or via Skype. Prior episodes from "Why Shamanism Now" can be downloaded for free by visiting whyshamanismnow.com. Pratt also talks about Shamanic Healing on YouTube.

Upcoming Last Mask Center programs with Christina Pratt in Portland, OR, include Shamanic Journey Circles the third Wednesday of every month, monthly Wisdom of the Shaman talks and a monthly "Becoming a Person of Power" teleseminar series. Pratt will also be offering Actual

Written by Australian Business

Energy Clearing in Rowe, MA, January 10-12. For more information on Christina Pratt, the Last Mask Center for Shamanic Healing, and workshops and classes with Pratt, or to order An Encyclopedia of Shamanism at a special discounted rate, visit <http://www.lastmaskcenter.org>. For additional information or to arrange an interview with