

Blissful Elegance Events Will Host the Health, Wealth Self Brunch on October 26th, 2013

Written by Australian Business

NEW YORK, NY, October 10, 2013 **/24-7PressRelease/** -- Blissful Elegance Events is back with the 2nd annual Health Wealth and Self Brunch a powerful, educational and interactive afternoon dedicated to promoting & entertaining women's mental and physical being.

Our first event this year "Health, Wealth and Self Brunch will be on, Saturday, October 26th, 2013 from 12 PM - 5 PM at Basha Studios, 45 East 34th Street, in New York City.

Joining us will be Kalyea Moss, the "Curvy Health Coach. Living by the motto, "Health comes in all shapes and sizes," Kalyea Moss, the "Curvy Health Coach," is on a mission to empower women to embrace their physical and emotional authenticity. After battling weight issues most of her life, Kalyea took the necessary steps to transform her life, thus becoming a progressive plus size model. Along her journey, she began to incorporate health, wellness and nutrition into her daily regimen and the results have been astounding. In addition to gracing the runway as a plus size model, this Renaissance woman is also a Certified Holistic Health Coach who inspires the masses to "love the skin their in." Featured on both television and in print, she is primed and ready to be a vital voice for women globally who are seeking to discover their inner and outer greatness.

Guests will also enjoy a scrumptious brunch, while spending their Saturday afternoon being encouraged and inspired, networking opportunities and afforded the opportunity to browse vendors related to the speakers for this series. Tickets are \$45 (early bird special until Oct 18th) and can be purchased by going to: <http://behws.eventbrite.com/>.

Five dollars from each ticket sold will be donated to Expecting Relief.

For more information or press inquiries, please contact: Denise Best: info@healthwealthself.info

About Blissful Elegance Events: Denise Best, CEO of Blissful Elegance Events Planning, is a certified event planner with over 10 years' experience. Realizing a need for events that celebrate women of all sizes but especially plus-sized women, Denise launched Blissful Elegance Events in 2005. Blissful Elegance Events is an event planning company which host its own signature events as well as helping other small businesses plan theirs. Blissful Elegance offers a variety of services seminars, panel discussions; fashion shows, mix and mingle events, and more.

About Expecting Relief: Expecting Relief is a non-profit organization Incorporated and certified through New York State, founded in 2011 by the Bracetti Sisters (Natasha and Vanessa). We are dedicated to ensuring providence for families in need; particularly women, men, children and infants. We aim to demonstrate that the struggle to thrive is a common thread amongst all living individuals, and one that everyone can find solidarity in. By helping families at a basic level, we are creating an equal opportunity for these families's to prosper.

Together as a team we would like to first and foremost change lives; while doing so our lives will be impacted. Poverty has been an existing issue worldwide. No human looks forward to this lifestyle and would not like to find comfort in it. Our job is to eliminate these issues by providing the basic essentials needed such as clothing, footwear, bottles, diapers, whips, toys, soap and so much more. Once we alleviate these concerns, the parent(s) can focus on more important issues such as work placement and/or securing a better home for their family.<http://www.expectingrelief.org>

We will have gift bags for the first 25 attendees. To find out more information please visit: <http://www.healthwealthself.info> .

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