

Highly Skilled Dermatologist Combats Skin Cancer In Issaquah

Written by Australian Business

ISSAQUAH, WA, October 10, 2013 **/24-7PressRelease/** -- Skin cancer is the most common cancer in the United States. One in five Americans are expected to develop skin cancer in their lifetimes. According to the American Cancer Society, there are more new cases of skin cancer than breast, prostate, colon and lung cancer combined every year. The staggering statistics make awareness and treatment all the more crucial.

"The good news about skin cancer is that it is easily treatable if caught early," said Dr. Narra, Issaquah, Washington dermatologist. "The bad news is that skin cancers don't generally have symptoms beyond the skin until the cancer has spread. That means the only way to know if something suspicious is going on is to examine your skin regularly."

It is wise for all individuals to be conscious of the state of their skin. Do not simply examine it for suspicious moles or marks but also for rashes and other issues. "Some people feel that self-examination is extreme or causes unwanted stress," said Dr. Narra. "Think of it as self-awareness."

"Be aware of the unique features of your skin and notice when something isn't right. This can be a rash or something as minor as a bug bite. It isn't about self-diagnosis. It's about awareness and well-being. I tell my patients to educate themselves on red flags and listen to their instincts. They will know when to come see me."

Most skin cancers are either Basal Cell Carcinoma, Squamous Cell Carcinoma or Melanoma. Each type manifests itself in different ways. Treatment options for skin cancer include cryosurgery, curettage and desiccation, Mohs Micrographic surgery, prescription creams, radiation therapy and surgical incision. Dr. Narra is qualified to perform all of these treatments to keep her patients healthy, happy and cancer-free.

Although skin cancer is generally treatable if caught early, Dr. Narra hopes her patients will not wait till there is a problem to start combatting it. "About 90% of skin cancers, excluding Melanoma, are caused by ultraviolet rays," said Dr. Narra. "In addition to self-examination, prevention is important. Wear sunscreen all year. Even on a gloomy day, the ultra violet rays are there."

For detailed information about skin cancer, treatments and what to look out for during self-examinations, patients can visit Dr. Narra's website at <http://www.drsuseelanarra.com> . Patients can also visit the website to make an appointment and learn about the other services

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she offers or contact Dr. Narra's office at 425-677-8867.

About Suseela Narra, MD: Dr. Narra is a Board Certified Dermatologist. She graduated from Princeton University and received her medical degree from the Albert Einstein College of Medicine. She interned at Barnes Jewish Hospital and completed her dermatology training at Cooks Hospital. She offers general and cosmetic dermatology services.

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