

Dental 1 Offers Patients In Waterford Braces For Straighter Teeth

Written by Australian Business

WATERFORD, MI, October 10, 2013 **/24-7PressRelease/** -- Crooked, misaligned, over-crowded or missing teeth -- all these and much more can cause dental issues a young person can carry with them into adulthood. However, Dr. Bruce T. Roach, a Waterford, MI dentist, offers braces to help set a person's smile in a beautiful direction. This is true for both adult and pediatric patients -- one in five braces patients are adults.

Braces are an orthodontic method to correcting dental alignment issues. A number of factors can contribute to misalignment. This includes thumb-sucking as a child, injury or an inherited tendency toward jaw misalignment.

"Today's braces are quite different from those in the past 20 years," says Dr. Roach, a dentist at Dental 1 in Waterford, MI. "The braces are lighter in weight and more natural in color. Many patients are delighted when they learn they will experience the outstanding results of wearing braces with fewer cosmetic concerns."

At their most basic level, braces are a series of brackets applied to the teeth that have a guide wire running through the brackets. Before applying the braces, Dr. Roach will take a mold and X-rays of your teeth and jaw to determine how the wires and brackets should be adjusted to best treat the teeth.

Braces are a gradual process because it takes time to enact change in the dental alignment. Also, changes to the dental brackets can cause discomfort. By slowly adjusting the brackets, patients experience less discomfort over time. The typical time a Waterford, MI dental patient wears braces is somewhere around two years. Some patients may wear the braces for less time while others, particularly adults, may expect to wear braces for longer.

Failing to correct dental misalignment and/or improper bite can result in a number of difficulties. These include tooth decay, worn-down tooth enamel, tooth loss and gum disease, according to the American Dental Association. Dr. Roach, a Waterford, MI dentist, recommends young people typically start wearing braces between the ages of 8 and 14.

Following braces application, Dr. Roach will make recommendations on how to properly care for the teeth. These steps include avoiding foods such as chewing gum, corn on the cob, a whole apple or sticky foods that could become difficult to remove between the brackets. This ensures when Dr. Roach takes off the braces, the teeth are both even and stain-free. For more information on braces at Dr. Roach's Waterford, MI dentist's office, call 248-673-2400. His

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family and cosmetic dentistry office is located at 5270 Highland Road in Waterford. For more information on services offered at Dr. Roach's Waterford, MI dentist office, visit his website at www.dental1online.com

About Dental 1: Since 1981, Dental 1 has been working with patients to provide the best dental care for patients in the Waterford area. Dr. Bruce T. Roach received his bachelor's degree from the University of Michigan in 1977 and received his Doctorate of Dental Surgery degree from the University of Detroit Mercy. He provides all needs in dentistry including, dentures, Waterford Lumineers and braces, among other services. He participates in continuing education programs each year to ensure that he offers the highest level of dentistry to his patients in Waterford and is a member of the American Academy of Cosmetic Dentistry, International Association of Orthodontics, Oakland County Dental Society, American Dental Association and Michigan Dental Association.

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