

Weight Loss Expert To Celebrities Launches Free Weight Loss Campaign To Beat Obesity

Written by Australian Business

CHESTER, ENGLAND, October 12, 2013 /**24-7PressRelease**/ -- The UK has shamefully become the capital of obesity in Europe. According to recent research, the UK has the biggest obesity problem in Europe and this trend does not seem to be turning. Health experts have said, unless something is done then the UK will continue to have the biggest obesity problem in Europe.

Recent research by In2town Lifestyle Magazine found that the NHS is spending more than 5 billion each year on obesity; this is causing a huge strain on the NHS and forcing local health authorities to make cut backs on other important services. In2town Lifestyle Magazine also reported that during 2011 - 2012 there were 11,736 hospital admissions due to obesity; this is shocking, especially as this is 11 times higher than 2001 - 2002.

According to In2town Lifestyle Magazine, 61.3% of adults in the UK are either overweight or obese and more worryingly, 30% of children between the ages of 2 and 15 are either overweight or obese which shows the obesity problem in the UK is getting out of control.

Claire Hegarty as seen on television and heard on radio as well as being seen in many glossy magazines including Look Magazine and Heat Magazine, wants to turn the tables on obesity and wants to reverse these figures and has decided to offer a free weight loss campaign where people can ring her and receive free weight loss advice.

The weight loss expert is a leading expert in the use of hypnotherapy for weight loss. She works with men, women, children and celebrities in helping them to lose weight using a hypnotherapy technique called the Virtual Gastric Band.

Claire Hegarty who believes the NHS are wasting money by performing gastric band surgery on patients who are obese, believes the NHS would be better off using hypnotherapy to help people to lose weight. The weight loss expert has said that by using hypnotherapy, more people can be helped.

At the present moment the NHS is only able to help a small number of people by using surgery due to the average cost of around GBP8,000 to perform gastric band surgery, Claire has said for this money the NHS could treat more than eight people which shows the NHS are not using their money wisely and could be helping many more people than they are currently helping.

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The leading gastric band hypnotherapy expert is offering people the chance to receive free weight loss advice by calling 0151 678 3358 or 07714 853524. Claire Hegarty said she hopes by launching a free weight loss campaign, people who are worried about their weight and worried about being obese can start to move forward and start to lose weight and become healthy instead of worrying about obesity related illnesses.

In America it has been reported this week that one in five people die from obesity related illnesses and Claire Hegarty has said she does not want to see this type of statistic hit the UK.

If you would like free advice from Claire Hegarty then contact her on 0151 678 3358 or 07714 853 524 or visit <http://www.clairehegarty.co.uk/virtual-gastric-band-with-hypnotherapy>