

SUDBURY, MA, October 13, 2013 **/24-7PressRelease/** -- Losing a permanent tooth to a severe dental infection or after an injury can do more than leave a gap in your smile. A missing tooth can affect your dental alignment and in some cases, affect your face's shape. That's why Sudbury, MA dentist Dr. Reina Garcia offers dental bridges to replace a lost or missing tooth.

"Bridges allow patients to experience the cosmetic benefit of seeing a seamless, healthy smile without any gaps," says Dr. Garcia, a dentist in Sudbury, MA. "The bridge enhances everything from chewing and speaking to reducing the likelihood dental alignment will shift."

A bridge can be a permanent or removable replacement for the missing tooth that uses surrounding healthy teeth to anchor the bridge in place. While Dr. Garcia offers several types of dental bridges in her office, the most common is a traditional bridge. This involves creating a three-part bridge. A pontic or artificial tooth is in the middle of the bridge. Dr. Garcia uses your surrounding teeth to select a pontic that looks as natural as your surrounding teeth.

On either side of the pontic are dental crowns, known as abutments. These cap-like dental structures fit over the teeth on either side of the pontic. When she glues the crowns in place, a Sudbury, MA dental bridge is created.

Dr. Garcia must file down some of the dental enamel around the healthy teeth so the crown can fit over either teeth. However, she uses numbing techniques during this process to minimize discomfort.

Other bridge options include a cantilever bridge where the abutments are on only one side of the dental bridge instead of both sides. A Maryland bonded bridge is one that has metal "wings" on either side of the pontic. Instead of putting crowns over surrounding teeth, Dr. Garcia, a Sudbury, MA dentist, bonds the metal wings to the back portions of the teeth to anchor the pontic firmly in place.

The above options are known as "fixed" bridges because they are intended to permanently replace the missing tooth. However, Dr. Garcia can also create a temporary bridge that is removable. Patients can discuss the best option for them with Dr. Garcia based on the tooth's location and health of the surrounding dental structures.

Millbrook Smiles Offers Patients In Sudbury Bridges For Restored Smiles

Written by Australian Business

"If a patient has a missing tooth, he or she can contact our Millbrook Smiles office to schedule a consultation appointment," says Dr. Garcia, a family dentist in Sudbury. "I can discuss issues including materials used and what dental bridge type may be best for a patient's lifestyle, budget and more."

Do you have a missing tooth a bridge could seamlessly replace? Call Dr. Garcia's Sudbury, MA dentist's office at (978) 443-5500. Her Millbrook Smiles office is located at 321 Boston Post Road in Sudbury. For more information on services Dr. Garcia offers or to complete an online appointment request, visit her website at www.millbrooksmiles.com .

About Millbrook Smiles: Dr. Reina Garcia, Sudbury family dentist, owns and operates Millbrook Smiles to provide patients with superior dental health care. She has been practicing dentistry for 16 years and has dedicated her career in serving her patients with the utmost care and commitment, providing an array of services, including Invisalign, crowns and bridges, among others. Dr. Garcia recently took over the practice of Sudbury's outstanding and well-loved dentist, Dr. Bruce Schneider. She feels very fortunate to have met such an excellent staff and a very loyal and well taken care of group of patients in the community and grateful that they have welcomed her with such warmth and understanding. Although she is comfortable with such perfect fit in the practice, she continues to strive to extend her gentle and caring demeanor toward the residents of Sudbury and its neighboring towns, and help them with their dental needs.

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