

SAN DIEGO, CA, August 26, 2014 /24-7PressRelease/ -- **What makes a Top Doc?**

Training? Yes, but only partly... every doctor is trained. Experience? Again, partly... over time any doctor becomes experienced. But what makes a doctor the one other doctors would choose? - that top doctor?

Passion - without passion, any work done is just a job. **Drive** - doing anything well, and exceptionally well, calls for the singular drive to be the best, not just now and then, but every day. **Curiosity** - knowing that you never know it all and it's not only smart, but imperative, to learn what's new and what's working better. **Perfectionism**

sm - an irritation in some fields, a welcome trait when you are entrusting your health and body to another.

Humility

- ego has its place, but humility allows you to embrace and be embraced by others.

For a third year **Nasrin Mani** has received notification of her selection as one of **San Diego's Top Doctors**

Her peers have chosen her again because they know she possesses the traits of not just a good doctor but a top doctor. It is a selective honor - these voting doctors point to her as the doctor they would send their families to or go to themselves. This selection and voting process occurs annually under the auspices of the San Diego County Medical Society.

A whirlwind of a physician, **Dr. Mani portions her time between two of San Diego's sought-after medical practices** and weaves in a tremendous amount of time supporting charities and community endeavors.

She is **co-founder of California Retina Associates** where she practices as a Vitreo-Retinal surgeon and **founder of La Jolla**

Cosmetic Laser Clinic

where she provides a complete aesthetic menu of nonsurgical and minimally invasive cosmetic procedures.

A highly esteemed **Board Certified Ophthalmologist in practice in San Diego County for 26 years**, she has acquired the reputation as the "go to" retinal eye surgeon in

Dr. Nasrin Mani Again Joins Ranks of San Diego's Top Docs for 2014

Written by Australian Business

Southern California. Dr. Mani was named San Diego Top Doc also in 2010 and 2013 and an America's Top Doctor for 2011-2012.

"I love my work - but I can't call it work. I love the opportunities I have been given to help change the lives of others for the better," says Dr. Mani. "To know that I can help save a patient's vision is an absolute fulfillment. I am privileged and honored to have had access to an education and family encouragement that instilled a sense of pride in doing what I do to the absolute best of my abilities."

Her dedication and attention to detail shows. The small Ophthalmology practice that was opened in 1988 now has two locations - both bustling with patients who want to see the best, for their vision is at stake.

Less than 10 years ago, her fledgling cosmetic clinic opened in a small office suite with tight quarters and a tiny staff. **Today, La Jolla Cosmetic Laser Clinic rivals the most expansive and comprehensive medical aesthetic clinics anywhere in Southern California**

Her cosmetic clinic is an experience in itself. Artfully designed for efficiency and comfort, the suites are luxurious without being pretentious. Virtually any cosmetic procedure is available. From facials to the fantastic Utherapy Lift, the practice has set itself apart with numerous awards. As a training facility for Utherapy, La Jolla Cosmetic Laser Clinic provides other doctors in the region a learning resource.

Dr. Mani has achieved training positions for many injectable products including Sculptra, Artefill and Radiesse and is a professional speaker for Allergan's injectables. She and her expert medical team handle everything from acne to hair laser to fat freezing - making sure their offerings are all FDA safe and approved.

An **avid community supporter**, she devotes time and support to the San Diego Symphony, the American Heart Association and La Cuna, a foster parent support agency.

Dr. Nasrin Mani Again Joins Ranks of San Diego's Top Docs for 2014

Written by Australian Business

All the while she keeps her heart and arms open to the children of Los Angelitos Orphanage where she has been the medical director for the past 2 years, both caring for the children's medical needs and funding living quarters so that more children have a safe place and opportunities for education.

When asked how she manages to be so intimately involved with so many endeavors, Dr. Nasrin Mani simply replies, *"I have been blessed. How could I not share those blessings with others?"*

Dr. Nasrin Mani's Ophthalmologist practice, [California Retina Associates](#), is located in Chula Vista with a 2nd office in El Centro. Her laser clinic in La Jolla is the [La Jolla Cosmetic Laser Clinic](#) located on Fay Avenue in downtown La Jolla, Ca.

Practice Locations:

California Retina Associates Chula Vista Office 835 Third Avenue, Suite A Chula Vista, CA 91911 619-425-7755

El Centro Office 1452 South La Brucherie, Suite A El Centro, CA 92243 760-352-7755

La Jolla Cosmetic Laser Clinic 7720 Fay Avenue La Jolla, CA 92037 Ph (800) 515-7753