

( [PRLEAP.COM](http://PRLEAP.COM) ) "Sidelined" a new book by Maria Lisa Pante, has been released by Dorrance Publishing Co., Inc.

"Sometimes being sick gives you a different perspective on the things in life that matter most."

Maria Pante wrote this thought in her essay "We're More Alike than Different." Surely, after being diagnosed with an unknown brain virus that was responsible for her short-term memory, and later on a mild case of lupus, she began to ponder about her life, the things happening around her, and her continuous battle against her sickness.

All these thoughts occupying her mind, along with some of her most unforgettable memories while coping with her disease, inspired her to write a collection of essays about friendships, positivity, and useful tips for those afflicted with the same illness on how to live by and be happy in spite of the challenges they have to face.

About the Author: Born and raised in a predominantly male family, Maria Lisa Pante grew up with love and passion for sports. She was active in athletics at a young age. When she fell ill, she joined an organization that helps people with disabilities obtain employment.

"Sidelined" is a 30-page hardcover with a retail price of \$6.00. The ISBN is 978-1-4349-3719-3. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at [www.dorrancepressroom.com](http://www.dorrancepressroom.com) or our online bookstore at [www.dorrancebookstore.com](http://www.dorrancebookstore.com)