

(PRLEAP.COM) "Journey in Solitude," a new book by Dr. Girraj K. Bansal, M.D., Ph.D., has been released by Dorrance Publishing Co., Inc.

Constantly challenged by the five sheaths in life—lust, anger, greed, pride, and ego—the poet tries to understand nature and human relationships in his solitude, in the process forming clear thoughts, deep feelings, and emotions about different things in his life.

In this collection of poetry and photographs, lines and verses are worded from Dr. Bansal's scientific and medical knowledge, providing a unique effect that allows you to experience abstract human and natural phenomena with poetic creativity and panoramic clarity.

It is inspiring to read the author compare and contrast the mind and the body, the mind and the soul, the heart and the brain, the games of life and of golf, the different shades of tears, the diamond's hardness and the flower's softness, the birth and the death, the love and the respect, and many other social aspects in life.

Journey in Solitude, by Dr. Bansal, is a man's solitary contemplation about things that many people rarely notice in everyday life.

About the Author: Dr. Girraj K Bansal is married and lives with his wife, Veena, in Columbus, Ohio, U.S.A. where he is in the private practice of Internal Medicine. He has two daughters and four grandchildren. He enjoys creative writing, gardening, photography and golf.

"Journey in Solitude" is a 130-page paperback with a retail price of \$22.00. The ISBN is 978-1-4349-1882-6. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore at www.dorrancebookstore.com