

(PRLEAP.COM) "Sir Morgan and the Kingdom of Horrible Food," a new book by Candace, Cameron and Isabella Imwalle, has been released by RoseDog Books.

"Sir Morgan and the Kingdom of Horrible Food" is a fairy tale story for children that focuses on the value of healthy eating. It is one of the only children's books with the moral of the story being the importance eating nutritious foods. The book was written by a single working mother and her two elementary school children. Sir Morgan is a king in the Kingdom of Horrible Food. Through a series of conflicts, he eventually realizes the importance of eating well-balanced meals. His guidance to Buttercup, the seamstress, adds the lesson of "being happy with yourself and not trying to be someone else".

"Sir Morgan and the Kingdom of Horrible Food" is a heartwarming story with an interesting plot that keeps all ages of children engaged. It can be read to children as young as two years old, but is written at a fourth to fifth grade reading level. This is a great book to put children on the path of developing healthy eating habits at a young age for a lifetime of good health.

About the Author:Candice, Cameron and Isabella Imwalle live in Scottsdale, AZ. They are all very healthy eaters and enjoy telling creative stories. Candice is originally from Boston and went to school at Boston College. Cameron enjoys baseball, basketball and golf. Isabella is into gymnastics and playing with her brother.

"Sir Morgan and the Kingdom of Horrible Food" is a 32-page hardcover with a retail price of \$20.00. The ISBN is 978-1-4349-7356-6. It was published by RoseDog Books, an imprint of Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore at www.rosedogbookstore.com

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