

(PRLEAP.COM) May 22, 2014 - "Materialistic Chowder," a new book by Kara, has been released by Dorrance Publishing Co., Inc.

Life is wrought with challenges and is not unusual to see and hear people complain about hardships, big or small. By doing so, however, they tend to overlook the positive side of life and disregard the things that should be appreciated-blessings that come in various forms such as love, family, friendship, wonderful memories, life lessons, and many others.

In "Materialistic Chowder," Kara shares her collection of poetry which serves as a looking glass through which the author aims for the reader to see life in a new and positive light. With poems such as "Memories," "The Sands of Time," and "Music in Your Heart," the author evokes positive emotions to motivate others to grasp life's positive aspects and cast negativity aside.

About the Author:Kara is a 73 year-old widow who has two grown sons and four grandchildren. She comes from a family of ten children (5 boys and 5 girls). Her parents worked hard to ensure the children grew up as honest, law-abiding members of society, and allowed each one to pursue their goals in life.

Kara came from a family of veterans, with four of her brothers serving in the military. She also served in the US Army during the Viet Nam era and served her tour of duty at the Brooke General Hospital in San Antonio, Texas.

After working 39 years in the private sector, Kara decided to retire, which has allowed her to indulge in spending time with her writing, family, friends and her rescue dog Remington. She is currently living in the Western New York area, with plans in the near future of moving closer to family.

Kara's life mission has changed since retirement, in that she wants to accomplish the goals she has set for herself, with hopes of completing them. She does volunteer work as a counselor for crisis intervention and abuse.

Kara has friends who have allowed her to write poetry for them, which she has graciously included in her book Materialistic Chowder.

East Pembroke, New York, Author Publishes New Book

Written by Australian Business

"Materialistic Chowder" is a 56-page paperback with a retail price of \$9.00. The ISBN is 978-1-4349-3763-6. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore at www.dorrancebookstore.com