

(PRLEAP.COM) "My Stroke Recovery," a new book by Sharon Young, has been released by Dorrance Publishing Co., Inc.

For most people, the specter of stroke stirs up images of lingering paralysis, with the potential for a diminishing quality of life, strained relationships, mental depression, before ultimate, untimely death finally takes care of it all.

In light of these scenarios, My Stroke Recovery: The Genesis, by Sharon Young, serves as a shining counterpoint to a gloomy attitude towards stroke. Here, we see how a loving, caring, and supportive environment enables one to realize how God sometimes chooses to reveal the many ways by which His blessing may take form.

My Stroke Recovery: The Genesis is a definite revelation of faith, unflinching devotion, unquestionable family values, and endearing, delightful innocence in the face of adversity.

About the Author Born to wonderful parents, Nancy and Carroll Young, forty-nine years old Sharon Young is a long time resident of Nashville, Tennessee. She is the youngest of three equally tenacious siblings, the oldest being David, followed by Steve. Sharon is a product of the National Student Exchange Program, finishing with a bachelor of science degree in marketing from the University of Alabama at Tuscaloosa, after moving from The University of Tennessee at Knoxville.

"My Stroke Recovery" is a 228-page paperback with a retail price of \$31.00. The ISBN is 978-1-4349-1185-8. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore at www.dorrancebookstore.com