

(PRLEAP.COM) June 19, 2014 - "Enhancing Your Communication and Spirituality," a new book by Rev. Anthony Galbicka, has been released by Dorrance Publishing Co., Inc.

When experts announce that seventy percent of all communication is ineffective, it confirms what most people know: communication-that is, effective communication-is a daunting task, enough so that public speaking has emerged as number one among the list of what people fear most in their lives, ahead of snakes, ghosts, and what have you.

In "Enhancing Your Communication and Spirituality: The C Train," Rev. Anthony Galbicka probes the relationship between effective communication and its deeper source among Christians who aspire for success in their chosen fields: spirituality.

The C Train takes center stage in Anthony's thesis, an idea that packs eighteen practical concepts critical to successful communication, and consequently, that seemingly elusive confidence in facing a gathering audience, or a relationship gone amiss.

About the Author: Tony has an A.A. from Nassau Community College in Garden City, NY, a Bible Diploma with Honors from Word of Life Bible Institute in Pottersville, NY, a Bachelor of Theology and a Master of Arts Degrees from The California Graduate School of Theology in Glendale, Cal. After twenty-seven years in youth ministry, he started two nondenominational churches in Florida. He attended The Life Purpose Institute in San Diego, Cal. and earned two certifications: Certified Life Coach and Life Purpose and Career Coach. He has also earned a 3rd certification as a Board Certified Coach and is a founding member of their inaugural circle. Tony loves chess, hiking, cruising the Caribbean, four-wheeling in a desert in Utah, snowmobiling in the wild wilderness of Wyoming, and he loves two or three cups of robust coffee daily. Tony is divorced and has 7 children. He believes that one of his best achievements is that each of his 7 children loves him. Tony confesses to being a true Trekkie.

"Enhancing Your Communication and Spirituality" is a 60-page paperback with a retail price of \$8.00. The ISBN is 978-1-4809-0244-2. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For more information, or to request a review copy, please go to our virtual pressroom at www.dorrancepressroom.com or our online bookstore at www.dorrancebookstore.com