

REDONDO BEACH, Calif., Sept. 23, 2013 /PRNewswire-iReach/ -- **Free Employment Workshop**

- powered by

GSO: Providing a workshop series of two day commitment from
9am to 3pm
each

Saturday, October 12
and
October 19

. Location is St. Andrew's Presbyterian Church, Avenue D,
Redondo Beach, California

90277. Church Office is currently taking applications. Both men and women are welcome to
apply. Applications are also available online at

www.sntandrews.org

. Applications due by
October 6

Gals Starting Over, is a non-profit organization started as vision from the founder, Holly
Richards

after some life changes in her professional career and personal life. Holly with her own
community support has built a board of professional members that are committed to create a
safe and supportive environment with a soft heart for single mothers. She and her selected
coaches are using their professional experiences and personal life history to give back to each
individual that comes through the program.

Gals Starting Over building a community of training and support

Written by Australian Business

The GSO mission is to change how we, as a community, empower women to build their skills and confidence to achieve self-sufficiency.

Gals Starting Over (GSO) was founded here in the South Bay to help women, especially single moms, who are unemployed or underemployed find and keep a job. The founder, Holly Richards, explains the process of how GSO works. GSO first builds a community of training and support for the women by gathering community volunteers, businesses and educators. Then GSO, through a local community sponsor such as St. Andrew's Presbyterian Church, our South Bay community sponsor, recruits applicants and provides employment workshops in a series along with two months of one-on-one support for the workshop graduates.

To sponsor future Employment Workshop Series or to provide financial support for these activities or in kind donations, please contact Holly at holly@galstartingover.vpweb.com . .

GSO 1st Fundraising Event: Gals Starting Over (GSO), a non-profit organization founded in LA's South Bay, helps women, especially single moms, find and keep a job. The founder, Holly Richards, explains that GSO first builds a community of training and support for women through volunteers, businesses and educators. Then GSO, through local community sponsors, recruits applicants and provides a workshop series along with two months of one-on-one support for workshop graduates. GSO will host a community awareness and fundraising event at the South Coast Botanic Gardens on October 20th from 12:00pm-3:00pm. "The focus of GSO for women in our community has been overwhelmingly positive in our first year," said Ms. Richards, "and this event will allow us to partner with additional community sponsors that know of such women in need." For more information about GSO please visit www.galstartingover.vpweb.com or by contacting Holly Richards at holly@galstartingover.vpweb.com.

Gals Starting Over Building a Community of Training and Support Holly Richards, Founder holly@galstartingover.vpweb.com

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www.galstartingover.vpweb.com

non-profit organization Tax ID 462741058, tax-exempt status pending

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